



Commission On Aging

www.co.monroe.mi.us/commonaging

A Division of the Monroe County
Community Planning & Engagement
Department

965 South Raisinville Rd.
Monroe, MI 48161
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Jason Berry
Director

Donald Spencer
Chairman

Martin Kaufman
Vice-Chairman

Mary Ann Wertenberger
Secretary

Mary Gantz

Madonna Burkit

Cynthia McIlvain

Wayne Meehan

Paul Simonton

Monroe County Commission on Aging Regular Board Meeting Minutes

May 14, 2025

Commission on Aging Conference Room

Don Spencer called the meeting to order at 1:04 p.m.

Members present Don Spencer, Martin Kaufman, Madonna Burkit,
Mary Ann Wertenberger, Wayne Meehan,
Cynthia McIlvain, Larry Gramlich

Members excused: Mary Gantz

Pledge of Allegiance

Silent Prayer

Approval of the Agenda:

Motion to approve the May 14, 2025 Regular Board Meeting Agenda as presented.

Motion by: Wayne Meehan **Supported by:** Mary Ann Wertenberger
Motion carried.

Public Comment: None.

Special Presentations:

Monroe Family YMCA: Kristin Irwin/Amanda Schmitz

LIVESTRONG Cancer Survivorship Program:

This program supports adult cancer survivors to reclaim health and well-being following a cancer diagnosis and supports the whole person.

The program meets twice per week for 30 minutes. Exercise methods ease participants back into fitness and helps maintain a healthy weight. The program also helps build muscle mass and strength, increases flexibility and endurance, improves confidence, self-esteem and teaches wellness and stress reduction techniques.

Gracie, a participant in the LIVESTRONG Cancer Survivorship Program spoke on her positive experience while participating in the program.

Enhanced Fitness Program:

The evidence-based fitness program is designed for senior adults, regardless of fitness level. The Enhanced Fitness Program supports independent living by encouraging participants to be active and energized.



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Walk with Ease Program:

The program began on April 1, 2025. This program was developed by the Arthritis Foundation. Participants move at their own pace, making it ideal for beginners and those managing chronic conditions.

Bedford Senior Community Center: Celia Apodaca:

The May/June Bedford Senior Community newsletter was distributed. The Enhanced Fitness Class and Chair Yoga class is offered at the Center every Monday from 9:15 am to 10:15 am. There is a new Move and Groove with Sue! Class being offered every Thursday from 12:30 pm to 1:30 pm.

The annual Strawberry Festival will be held on Saturday, June 14th 9am to 2pm. Strawberry shortcake deserts and hotdog combo meals are available for \$5.00 each.. There will also be a trash to treasure sale, bake sale, homemade pie auction, quilt raffle and live music.

Consent Agenda:

- A. Approval of the Minutes of the April 9, 2025 Regular Meeting.
- B. Budget Hearing Minutes of April 2, 15 and 22, 2025.
- C. Finance Reports
- D. Correspondence – None.
- E. Formal Agency Reports – None

Motion to approve by: Cynthia McIlvain Supported by: Larry Gramlich
Motion Carried.

Directors' Report:

Jason Berry reported the following:

➤ Common Measures Report

The April Common Measures Reports provide the Commission with the provider's Cumulative Units Reported vs. Maximum, Cumulative Unduplicated Clients Served vs. Anticipated, Actual Expenditures vs. Total Budget, Total Budget Cost per Unduplicated Client, and Actual Revenue vs. Budgeted Revenue.

➤ COA Website Views

The monthly analytics snapshot shows how many hits the COA website received and the categories most visited. During April 2025 there were 565 total views. Transportation was the most viewed at 212..

➤ Waitlist/Service Not Provided Summary

Mr. Berry reported that from April 4, 2025, through May 2, 2025, there were 5 wheelchair ramps built. There are 34 seniors on the Project Ramp waitlist.



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Old Business: None.

New Business:

- A. Motion to approve a \$5,000.00 request for an increase in funding to the MCOP Unmet Needs Program and a request for an increase in funding to the MCOP Utility Program for \$5,000.00**

Motion by: Paul Simonton

Supported by: Cynthia McIlvain

Roll Call Vote Taken:

Martin Kaufman - Yes

Cynthia McIlvain - Yes

Larry Gramlich - Yes

Don Spencer - Yes

Mary Ann Wertenberger - Yes

Madonna Burkit - Yes

Wayne Meehan - Yes

Motion Carried.

Public Comment:

Sandie Pierce distributed the Monroe Center for Healthy Aging Annual Report to the Community. She also provided a 2023 Aging Services Survey – Monroe County totals. There were 717 responses to the survey. Participants were the Monroe Center for Healthy Aging, Bedford Senior Center, Bedford Meals on Wheels, Dundee Community Center, LIFE and RSVP.

Commission Members Comments: None.

Adjournment:

Motion by: Don Spencer

Supported by: Wayne Meehan

Motion Carried.

The meeting was adjourned at 2:10 p.m.

The next Regular Board meeting takes place on Wednesday, June 11, 2025 at 1:00 p.m. at the Monroe County Commission on Aging, 965 South Raisinville Road, Monroe, MI 48161.

Ramona Hall, Recording Secretary



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