



Commission On Aging

www.co.monroe.mi.us/commonaging

A Division of the Monroe County
Community Planning & Engagement Department

965 South Raisinville Rd.
Monroe, MI 48161
734-240-3290

Fax: 734-240-3286
mccoa@monroemi.org

Mission Statement

The Monroe County Commission on Aging is charged with recommending the prudent spending of public dollars to promote the health, dignity, and independence of Monroe County residents sixty years of age and older.

Jason Berry
Director

Donald Spencer
Chair

Larry Gramlich
Vice-Chair

Mary Ann
Wertenberger
Secretary

Cynthia McIlvain

Wayne Meehean

Mary Gantz

Modonna Burkit

Pamela Nadeau

Harry Grenawitzke

**Monroe County Commission on Aging
Regular Board Meeting
January 14, 2026
Monroe County Commission on Aging Board Room
1:00 p.m.
AGENDA**

1. Call to Order
2. Roll Call
3. Pledge of Allegiance
4. Silent Prayer
5. Review of Organizational Meeting Procedures- Jason Berry, Director
6. Election of Chairperson
7. Election of Vice Chairperson
8. Election of Secretary
9. Approval of Agenda
10. Public Comment
11. Special Presentations:
 1. Monroe Senior Center for Healthy Aging (Sandie Pierce)
 2. Retired and Senior Volunteer Program (Beth Berlin)
12. Consent Agenda
 - A. Approval of Minutes of December 10, 2025 Regular Meeting
 - B. Strategic Planning Committee Notes of January 8, 2026
 - C. Finance Reports
 - D. Correspondence- None
 - E. Formal Agency Reports- None
13. Director's Report
14. Old Business
 - A. None
15. New Business
 - A. Monroe Center for Healthy Aging (Sandie Pierce)
Older Adult Survey Report
 - B. Choices Counseling Solutions (Audrey Schroeder)
Unit Increase/Cost Adjustment Request
2026 Approved Application:
Unit Cost: \$150.00
Number of Units Requested: 660
Total Amount: \$99,000.00
2026 Revised Application Request:
Unit Cost: \$165.00 (Increase of \$15.00)
Number of Units Requested: 756 (Increase of 96)
Total Amount: \$124,740.00 (Increase of \$24,740)
2024 Allocation: \$21,050.00
2025 Allocation: \$78,550.00



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2026 Allocation: \$99,000.00

2026 Allocation Revised Request: \$124,740.00

16. Public Comment

17. Commission Members' Comments

18. Adjournment

The next Regular Board meeting will be on Wednesday, February 11, 2026, in the Monroe County Commission on Aging Board Room.

The County of Monroe will provide necessary auxiliary aids and services, such as signers for the hearing impaired and audiotapes of printed materials being considered at the meeting to individuals with disabilities at the meeting upon one week's notice to the County of Monroe. Individuals with disabilities requiring auxiliary aids or services should contact the County of Monroe by writing or calling the following:

Human Resources

125 East Second Street, Monroe, MI 48161, Voice (734) 240-7295, and TDY (734) 240-7301



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Wayne Meehan

Paul Simonton

Donald Spencer

Policy #: MCCOA 15-01

Title: *Organizational Meeting Procedures*

Adopted: *04-08-2015*

Revised: *N/A*

For its Organizational Meeting, The Monroe County Commission on Aging shall meet on the second Wednesday of January that is not designated a County holiday, or at another reasonable day and time fixed by the Commission on Aging Director, the Commission on Aging Assistant, or any Commission on Aging Board member.

The purpose of the Organizational Meeting shall be to elect a Chairperson, Vice-Chairperson, and any other designated officers, and administer oaths if necessary. The Board may also transact any other business properly brought before it.

The Director or Assistant shall act as the moderator of the Organizational Meeting until such time as the Chairperson of the Board is elected, after which time, the Chairperson shall preside at said meeting. If the Chairperson is not present, then the Vice-Chairperson shall preside after being elected.

The Organizational Meeting shall be held in the Commission on Aging Board Room, unless otherwise notified per the requirements of the Open Meetings Act, and shall be held in accordance with the Open Meetings Act.

The following process shall be used for the election of Commission on Aging officers:

1. The Director, Assistant, or Chairperson (following election) will call for nominations to be made by any Board member.
2. The Director, Assistant, or Chairperson will close the nominations after all Board members have had an opportunity to present their nominations.
3. If only one Board member is nominated, the Director, Assistant, or Chairperson will call for a motion to declare that person to be elected, and if a majority of the Board members are in favor of the motion, that one person nominated shall become the Chairperson, Vice-Chairperson, or other designated officer.
4. If more than one Board member is nominated for a designated office, the Director, Assistant, or Chairperson will call the roll of all Board members, in any order that the Director, Assistant, or Chairperson determines, where each Board member shall, by a public voice vote, declare his or her preference for the designated office being considered, and if one of the nominees receives five (5) affirmative roll call votes, that person shall immediately be declared that designated officer by the Director, Assistant, or Chairperson and no further motion or vote shall be necessary.



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Donald Spencer

5. If there are three or more nominees and the first roll call vote does not produce one nominee getting at least five (5) affirmative roll call votes, the Director, Assistant, or Chairperson will call for a second roll call vote for the top two vote getters only, and the one of those two who receives five (5) affirmative roll call votes shall immediately be declared the designated officer by the Director, Assistant, or Chairperson. If because of tied votes, there are more than two nominees who are the top two vote getters, then all said nominees who were the top two vote getters shall continue to be nominees, and all of those nominees that do not qualify as being the top two vote getters shall be eliminated. Roll call votes shall be continued until one nominee receives at least five (5) affirmative roll call votes.



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Wayne Meehean

Harry Grenawitzke

Pamela Nadeau

Monroe County Commission on Aging Regular Board Meeting Minutes

December 10, 2025

Commission on Aging Conference Room

Don Spencer called the meeting to order at 1:02 p.m.

Members present Don Spencer, Pamela Nadeau, Wayne Meehean, Cynthia McIlvain, Larry Gramlich, Harry Grenawitzke, Mary Ann Wertenberger, Mary Gantzog, Madonna Burkit

Members excused: None.

Pledge of Allegiance

Silent Prayer

Approval of the Agenda:

Motion to approve the November 12, 2025 Regular Board Meeting Agenda as presented.

Motion by: Mary Ann Wertenberger
Motion carried.

Supported by: Wayne Meehean

Public Comment: None

Special Presentations:

A. Monroe County Opportunity Program: Stephanie Kasprzak

The 2024 Annual Report and a Mobile Food Pantry Calendar were distributed. The MCOP has achieved the national Gold Tier status for excellence. In 2024, 3 million pounds of food was distributed to Monroe County Seniors. They have collaborated with the Lord's Harvest Pantry to achieve this as well as other partners. Food is the biggest need in the community. Utility Assistance was received by the Federal Government last week following the government shutdown. The Walk for Warmth was held in the first week of November and raised more money for utility assistance through individual donors.

Over 300 Christmas baskets were delivered to seniors across the County which included food and gifts.

The Volunteer Caregiver program will end at the end on December 30, 2025. The Medicare/Medicaid season was very busy. Next will be tax preparation season.



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Pamela Nadeau

B. United Way Ramp Program: Laura Pipis

Funding began in 2019. The Ramp Program had a great year. There were 38 ramps build this year. They have a great group of builders who are retirees. There are only 3 partnerships in the state of Michigan that are that are similar to the Monroe program flint, Saginaw.

The newly designed ramps are an improvement. There are several partnerships throughout the County.

Consent Agenda:

- A. Approval of the Minutes of the November 12, 2025 Regular Meeting
- B. Strategic Planning Committee Minutes of December 04, 2025
- C. Finance Reports – None.
- D. Correspondence – None.
- E. Formal Agency Reports – None

Motion to approve by: Wayne Meehan Supported by: Larry Gramlich
Motion Carried.

Directors' Report:

➤ Common Measures Report

The Common Measures Reports provide the Commission with the provider's Cumulative Units Reported vs. Maximum, Cumulative Unduplicated Clients Served vs. Anticipated, Actual Expenditures vs. Total Budget, Total Budget Cost per Unduplicated Client, and Actual Revenue vs. Budgeted Revenue.

➤ COA Website Views

The monthly analytics snapshot shows how many hits the COA website received and the categories most visited. During November 2025 there were 495 total views. Transportation was the most viewed at 112. Total Website views were 112.

➤ Waitlist/Service Not Provided Summary

Mr. Berry reported that from October 2025 through November 2025, there were 7 wheelchair ramps built. A total of 38 Ramps were built in 2025. There are 36 seniors on the Project Ramp waitlist.

Old Business: None.



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Harry Grenawitzke

Pamela Nadeau

New Business:

A. Retired & Senior Volunteer Program – Beth Berlin

Motion to deny a Unit Increase Adjustment Request from the Retired & Senior Volunteer Program and keep the original request:

1. 2026 Original application: Unit Rate \$1.75 / Unit Total: \$57,000.00
2. 2026 Requested Revision Unit Rate \$2.00 / Unit Total: \$49,875.00

Motion by: Larry Gramlich
Motion Carried.

Supported by: Wayne Meehean

Roll Call Vote Taken:

Pamela Nadeau- Yes
Larry Gramlich - Yes
Harry Grenawitzke - Yes
Mary Ann Wertenberger – Yes
Wayne Meehean - Yes

Cynthia McIlvain - Yes
Don Spencer - Yes
Mary Gantzogs - Yes
Madonna Burkit - Yes

B. Monroe Center for Healthy Aging – Sandie Pierce

Motion to request a Unit Increase Adjustment for Monroe Center for Healthy Aging

1. 2026 Original Application: Unit Rate \$4.50 / Unit Total \$106,600.00
2. 2026 Requested Revision: Unit Rate \$4.68 / Unit Total \$158,400.00

Motion by: Harry Grenawitzke
Motion Carried.

Supported by: Madonna Burkit

Roll Call Vote Taken:

Pamela Nadeau- Yes
Larry Gramlich - No
Harry Grenawitzke - Yes
Mary Ann Wertenberger – No
Wayne Meehean - No

Cynthia McIlvain - Yes
Don Spencer - No
Mary Gantzogs - Yes
Madonna Burkit - Yes

Public Comment:

Child Advocacy Network: Kristie Rodgers, Director

Suggested a Grandparent Training meeting.



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Commission Members Comments:

Don Spencer: Merry Christmas and Happy New Year

Pamela Nadeau: Happy Holidays

Larry Gramlich: Merry Christmas and Happy New Year

Cynthia McIlvain: Hopes we can all walk out with a sense of peace. Social Security increase of 2.7%. Our first concern should be for Seniors and those that are struggling.

Wayne Meehean: Merry Christmas and stay sober

Harry Grenawitzke: Merry Christmas to all and have a safe and happy 2026

Madonna Burkit: Merry Christmas and the Lord's blessings

Mary Ann Wertenberger: Merry Christmas

Mary Gantzogs: Merry Christmas

Adjournment:

Motion by: Wayne Meehean
Motion Carried.

Supported by: Larry Gramlich

The meeting was adjourned at 2:44p.m.

**The next Regular Board meeting takes place on Wednesday,
January 14, 2025 at 1:00 p.m. at the Monroe County Commission on Aging, 965
South Raisinville Road, Monroe, MI 48161.**

Ramona Hall, Recording Secretary



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Harry Grenawitzke

Commission on Aging Strategic Planning Committee Notes January 8, 2026 2p.m. Commission on Aging Office

1. Monroe Center for Healthy Aging (Sandie Pierce)

a. Older Adult Survey Report

Recommendation: The Strategic Planning Committee recommends integrating this report's findings with AgeWays' current community assessment to verify emerging trends and pinpoint service deficiencies.

2. Choices Counseling Solutions (Audrey Schroeder)

a. Unit Increase/Cost Adjustment Request

i. 2026 Approved Application:

1. Unit Cost: \$150.00
2. Number of Units Requested: 660
3. Total Amount: \$99,000.00

ii. 2026 Revised Application Request:

1. Unit Cost: \$165.00 (Increase of \$15.00)
2. Number of Units Requested: 756 (Increase of 96)
3. Total Amount: \$124,740.00 (Increase of \$24,740)

b. 2024 Allocation: \$21,050.00

c. 2025 Allocation: \$78,550.00

d. 2026 Allocation: \$99,000.00

e. 2026 Allocation Revised Request: \$124,740.00

Recommendation: The Strategic Planning Committee recommends approving the unit rate increase and supplementary funding request.

MONTHLY EXPENSE DETAIL REPORT FOR MONROE COUNTY

Balance As of 12/31/2025

GL Number	Description	2025 Original Budget	2025 Amended Budget	Activity For 12/31/2025	YTD Balance 12/31/2025	Encumbered YTD 12/31/2025	Available Balance 12/31/2025	% Bdg't Used
280		52,786.00	3,155.00	0.00	0.00	0.00	3,155.00	0.00
96600	CONTINGENCIES	52,786.00	3,155.00	0.00	0.00	0.00	3,155.00	0.00
280-96600-969002	CONTINGENCY	52,786.00	3,155.00	0.00	0.00	0.00	3,155.00	0.00
Total 96600 - CONTINGENCIES		52,786.00	3,155.00	0.00	0.00	0.00	3,155.00	0.00
97000	SPECIAL EXP/REV-OTHER AGENCIES	35,517.00	35,517.00	0.00	35,517.00	0.00	0.00	100.00
280-97000-963000	CENTRAL SERVICES/INDIRECT COST	24,330.00	32,441.00	6,194.50	30,524.59	0.00	1,916.41	94.09
280-97000-965015	ASH SENIOR CITIZENS CENTER	93,000.00	93,000.00	6,823.41	76,984.27	0.00	16,015.73	82.78
280-97000-965020	RETIRED SENIOR VOLUNTEER PRGRM	14,020.00	14,020.00	1,168.36	12,851.96	0.00	1,168.04	91.67
280-97000-965025	AREA AGENCY ON AGING 1-B	59,645.00	59,645.00	1,029.16	59,644.50	0.00	0.50	100.00
280-97000-965031	BEDFORD TRANSPORTATION	274,500.00	274,500.00	0.00	274,500.00	0.00	0.00	100.00
280-97000-965035	BEDFORD SENIOR CITIZEN CENTER	4,950.00	4,950.00	878.37	4,403.17	0.00	546.83	88.95
280-97000-965041	BEDFORD VET CENTER PANTRY	57,353.00	57,353.00	2,472.93	29,768.04	0.00	27,584.96	51.90
280-97000-965045	BERLIN SENIOR CITIZEN CENTER	265,200.00	265,200.00	43,828.50	256,054.50	0.00	9,145.50	96.55
280-97000-965065	DUNDEE SENIOR CITIZEN CENTER	10,000.00	15,000.00	0.00	15,000.00	0.00	0.00	100.00
280-97000-965071	EMERGENCY NEEDS	381,522.00	381,522.00	0.00	381,521.97	0.00	0.03	100.00
280-97000-965075	FRENCHTOWN SR CITIZEN CENTER	243,100.00	243,100.00	42,000.20	219,837.20	0.00	23,262.80	90.43
280-97000-965085	LAKE ERIE TRANSIT	117,000.00	117,000.00	12,919.50	106,020.00	0.00	10,980.00	90.62
280-97000-965088	THE OPPORTUNITY CENTER @ ALCC	270,614.00	270,614.00	22,353.32	270,614.00	0.00	0.00	100.00
280-97000-965091	SENIOR LEGAL SERVICES	10,050.00	78,550.00	10,153.50	63,376.50	0.00	15,173.50	80.68
280-97000-965097	CHOICES COUNSELING SOLUTIONS	148,000.00	148,000.00	22,038.13	115,421.60	0.00	32,578.40	77.99
280-97000-965105	M.C.O.P. HOME CARE SERVICE	167,955.00	167,955.00	3,155.21	157,614.45	0.00	10,340.55	93.84
280-97000-965106	RAMP PROGRAM	103,200.00	103,200.00	10,178.40	101,972.40	0.00	1,227.60	98.81
280-97000-965115	M.C.O.P. HOME CHORE	148,000.00	148,000.00	9,712.50	67,521.25	0.00	80,478.75	45.62
280-97000-965121	M.C.O.P. SPEC TRANSPORTATION	6,500.00	6,500.00	0.00	6,500.00	0.00	0.00	100.00
280-97000-965122	M.C.O.P. HOME INJURY CONTROL	164,406.00	184,406.00	12,576.00	184,406.00	0.00	0.00	100.00
280-97000-965123	M.C.O.P. FOOD DISTRIBUTION	176,700.00	176,700.00	41,408.25	164,056.64	0.00	12,643.36	92.84
280-97000-965125	M.C.O.P. RESOURCE ADVOCATE	596,204.00	596,204.00	40,512.42	509,849.94	0.00	86,354.06	85.52
280-97000-965135	LIFE NUTRITION PROGRAM	38,400.00	54,400.00	16,000.00	54,400.00	0.00	0.00	100.00
280-97000-965141	ALZHEIMER PROGRAM	463,500.00	463,500.00	39,738.55	427,741.12	0.00	35,758.88	92.29
280-97000-965165	MONROE SENIOR CITIZEN CENTER	20,900.00	20,900.00	731.50	11,363.00	0.00	9,537.00	54.37
280-97000-965201	MILAN SENIOR MEALS ON WHEELS	15,000.00	20,000.00	0.00	20,000.02	0.00	(0.02)	100.00
280-97000-965205	EMERGENCY FUEL	51,000.00	51,000.00	3,631.50	51,000.00	0.00	0.00	100.00
280-97000-965215	MILAN SENIOR CENTER	24,000.00	24,000.00	1,504.00	21,409.00	0.00	2,591.00	89.20
280-97000-965216	MILAN SENIOR TRANSIT	21,840.00	21,840.00	1,669.50	19,551.00	0.00	2,289.00	89.52
280-97000-965220	MILAN SENIOR RESOURCE	39,685.00	39,685.00	0.00	32,421.99	0.00	7,263.01	81.70
280-97000-965221	AID IN MILAN	86,980.00	0.00	0.00	0.00	0.00	0.00	0.00
280-97000-965225	ADULT DAY CARE SERVICES	6,048.00	6,048.00	756.00	6,048.00	0.00	0.00	100.00
280-97000-965340	YMCA CANCER SURVIVOR	0.00	0.00	3,631.84	7,263.15	0.00	(7,263.15)	100.00
280-97000-965380	YMCA	3,000.00	3,000.00	0.00	280.00	0.00	2,720.00	9.33
280-97000-965390	MCOP VOLUNTEER CAREGIVERS	4,142,119.00	4,177,750.00	357,065.55	3,795,437.26	0.00	382,312.74	90.85
Total 97000 - SPECIAL EXP/REV-OTHER AGENCIES		4,142,119.00	4,177,750.00	357,065.55	3,795,437.26	0.00	382,312.74	90.85
97500	SPECIAL APPROP TO OTHER FUNDS	231,006.00	245,006.00	0.00	172,555.91	0.00	72,450.09	70.43
280-97500-995101	TRANSFER OUT - GENERAL FUND	231,006.00	245,006.00	0.00	172,555.91	0.00	72,450.09	70.43
Total 97500 - SPECIAL APPROP TO OTHER FUNDS		231,006.00	245,006.00	0.00	172,555.91	0.00	72,450.09	70.43
Fund 280 - SENIOR CITIZENS FUND:		4,425,911.00	4,425,911.00	357,065.55	3,967,993.17	0.00	457,917.83	89.65
TOTAL EXPENDITURES		4,425,911.00	4,425,911.00	357,065.55	3,967,993.17	0.00	457,917.83	89.65

MONTHLY EXPENSE DETAIL REPORT FOR MONROE COUNTY

Balance As of 12/31/2025

GL Number	Description	2025	2025	Activity For	YTD Balance	Encumbered	Available	% Bdg't Used
		Original Budget	Amended Budget	12/31/2025	12/31/2025	12/31/2025	Balance 12/31/2025	
101								
67200	COMMISSION ON AGING	106,702.00	106,702.00	10,310.41	104,954.82	0.00	1,747.18	98.36
101-67200-705000	SALARIES AND WAGES	6,000.00	6,000.00	300.00	3,200.00	0.00	2,800.00	53.33
101-67200-707200	BD/COM/AUTH PER DIEM	8,622.00	8,622.00	765.66	7,676.23	0.00	945.77	89.03
101-67200-715000	SOCIAL SECURITY	20,744.00	20,744.00	1,595.68	20,684.02	0.00	59.98	99.71
101-67200-716000	EMPLOYERS RETIREMENT	3,804.00	3,804.00	282.70	3,656.48	0.00	147.52	96.12
101-67200-716001	DC RETIREMENT	3,095.00	3,095.00	234.30	3,034.11	0.00	60.89	98.03
101-67200-716012	EMPLOYER-HCS	110.00	110.00	8.14	104.53	0.00	5.47	95.03
101-67200-717000	UNEMPLOYMENT INSURANCE	77.00	77.00	5.72	73.44	0.00	3.56	95.38
101-67200-718000	WORKERS COMPENSATION INSURANCE	17,874.00	17,874.00	1,374.88	17,873.44	0.00	0.56	100.00
101-67200-719000	HEALTH INSURANCE	125.00	125.00	9.54	124.02	0.00	0.98	99.22
101-67200-720000	LIFE INSURANCE	153.00	153.00	11.72	152.36	0.00	0.64	99.58
101-67200-721000	OPTICAL INSURANCE	882.00	882.00	73.94	961.21	0.00	(79.21)	108.98
101-67200-722000	DENTAL INSURANCE	695.00	695.00	52.64	681.66	0.00	13.34	98.08
101-67200-723000	DISABILITY INSURANCE	1,755.00	1,755.00	150.47	486.56	1.04	1,267.40	27.78
101-67200-728000	OFFICE SUPPLIES	1,500.00	4,000.00	0.00	1,925.60	0.00	2,074.40	48.14
101-67200-730000	POSTAGE AND MAILING FEES	1,600.00	1,600.00	0.00	0.00	0.00	1,600.00	0.00
101-67200-731000	COMPUTER EQUIP & SUPPLIES	0.00	0.00	75.00	121.00	0.00	(121.00)	100.00
101-67200-803000	PRE-EMPLOYMENT PHYSICAL EXAMS	3,250.00	3,250.00	188.37	2,011.80	0.00	1,238.20	61.90
101-67200-810020	BOARD MEMBERS TRAVEL	25,651.00	25,651.00	0.00	20,352.83	0.00	5,298.17	79.35
101-67200-814015	SOFTWARE LICENSE FEE	1,380.00	1,380.00	0.00	828.41	0.00	551.59	60.03
101-67200-814016	PAYROLL SERVICES	0.00	0.00	6.33	75.96	0.00	(75.96)	100.00
101-67200-818020	REFUSE HAULING & JANITORIAL	2,400.00	2,400.00	0.00	732.11	0.00	1,667.89	30.50
101-67200-826000	LEGAL AND PROFESSIONAL SERV	375.00	375.00	0.00	220.00	0.00	155.00	58.67
101-67200-830000	ASSOCIATION & MEMBERSHIP DUES	675.00	675.00	20.49	606.52	0.00	68.48	89.85
101-67200-851000	TELEPHONE	850.00	850.00	0.00	0.00	0.00	850.00	0.00
101-67200-861000	TRAVEL	300.00	300.00	0.00	0.00	0.00	300.00	0.00
101-67200-864000	CONFERENCE AND CONVENTION	100.00	100.00	0.00	0.00	0.00	100.00	0.00
101-67200-864080	CONF/CONVENTION BOARD MEMBERS	600.00	600.00	40.00	519.58	0.00	80.42	86.60
101-67200-900000	PRINTING AND IMAGING	1,652.00	1,652.00	103.42	1,979.17	0.00	(327.17)	119.80
101-67200-921000	ELECTRICITY	193.00	193.00	8.03	110.44	0.00	82.56	57.22
101-67200-922000	WATER AND SEWAGE	550.00	550.00	75.77	457.03	0.00	92.97	83.10
101-67200-923000	HEATING FUEL	100.00	100.00	0.00	0.00	0.00	100.00	0.00
101-67200-933000	MAINT-OFFICE EQUIP AND FURN	1,585.00	1,585.00	57.46	1,805.48	0.00	(220.48)	113.91
101-67200-942000	COPIER EXPENSE AND LEASE	1,753.00	1,753.00	132.70	1,718.42	0.00	34.58	98.03
101-67200-960001	GENERAL LIABILITY INSURANCE	15,854.00	15,854.00	0.00	15,854.00	0.00	0.00	100.00
101-67200-963000	CENTRAL SERVICES/INDIRECT COST	0.00	11,500.00	2,883.21	5,443.18	0.00	6,056.82	47.33
101-67200-981600	C.O.-FIXTURES,FURNITURE							
Total 67200 - COMMISSION ON AGING		231,006.00	245,006.00	18,766.58	218,424.41	1.04	26,580.55	89.15

MONTHLY REVENUE DETAIL REPORT FOR MONROE COUNTY

Balance As of 12/31/2025

GL Number	Description	2025 Original Budget	2025 Amended Budget	Activity For 12/31/2025	YTD Balance 12/31/2025	Encumbered YTD 12/31/2025	Available Balance 12/31/2025	% Bdg't Used
Fund: 280 SENIOR CITIZENS FUND								
96620	FUND BALANCE CARRYFORWARD	348,203.00	348,203.00					
280-96620-692001	FUND BALANCE CARRYFORWARD-REV	348,203.00	348,203.00	0.00	0.00	0.00	348,203.00	0.00
Total 96620 - FUND BALANCE CARRYFORWARD		348,203.00	348,203.00	0.00	0.00	0.00	348,203.00	0.00
97000 SPECIAL EXP/REV-OTHER AGENCIES								
280-97000-402000	CURRENT PROPERTY TAXES	3,899,708.00	3,899,708.00	130,532.61	4,362,697.78	0.00	(462,989.78)	111.87
280-97000-415000	PRIOR YEAR TAX ADJUSTMENTS	(27,077.00)	(27,077.00)	11.66	(923.15)	0.00	(26,153.85)	3.41
280-97000-420000	DELINQUENT PROPERTY TAXES	3,500.00	3,500.00	0.00	4,608.48	0.00	(1,108.48)	131.67
280-97000-426020	OTH TAXES-PYMT IN LIEU OF TAX	7,500.00	7,500.00	288.52	11,862.52	0.00	(4,362.52)	158.17
280-97000-437000	INDUSTRIAL FACILITY TAX	15,827.00	15,827.00	0.00	28,177.21	0.00	(12,350.21)	178.03
280-97000-445000	PENALTIES AND INTEREST ON TAXES	250.00	250.00	0.00	161.61	0.00	88.39	64.64
280-97000-573000	LOCAL COMMUNITY STABILIZATION SHARE	175,000.00	175,000.00	0.00	295,322.68	0.00	(120,322.68)	168.76
280-97000-665000	INTEREST	2,000.00	2,000.00	0.00	103,310.94	0.00	(101,310.94)	5,165.55
280-97000-676070	SPECIAL REVENUE-REIMBURSEMENT	1,000.00	1,000.00	0.00	1,419.85	0.00	(419.85)	141.99
280-97000-677000	OTHER REVENUE-MISCELLANEOUS	0.00	0.00	0.00	1,641.25	0.00	(1,641.25)	100.00
Total 97000 - SPECIAL EXP/REV-OTHER AGENCIES		4,077,708.00	4,077,708.00	130,832.79	4,808,279.17	0.00	(730,571.17)	117.92
Fund 280 - SENIOR CITIZENS FUND:								
TOTAL REVENUES		4,425,911.00	4,425,911.00	130,832.79	4,808,279.17	0.00	(382,368.17)	108.64

DRAFT

COA Director's Report Items (01/14/26)

1. Common Measures Reports – Included in Packet
2. COA Website Views – Included in Packet
3. Waitlist/Service not Provided Summary – Included in Packet

Table A.**Cumulative Units Reported vs. Unit Maximum**

(Goal is to be between 86% - 96%)

As of: November

Provider/Program	Cumulative Units	Unit Maximum	Percentage
Ash Senior Citizens	3,265.00	3,404.00	96%
Bedford Senior Community Center	61,136.72	50,000.00	122%
Bedford Twp. Veterans Center Pantry	5,304.70	5,964.00	89%
Berlin Township Senior Citizens Group	2,564.00	4,940.00	52%
Choices Counseling Solutions	422.51	523.66	81%
Dundee Area Senior Citizens Center	42,675.75	44,200.00	97%
Frenchtown Senior Citizens Center	65,447.01	42,500.00	154%
Health Van	2,699.00	2,550.00	106%
Lake Erie Transportation Commission	11,756.00	13,000.00	90%
Living Independence for Everyone	128,103.00	149,800.00	86%
MCOP-Food Assistance Program	548,629.00	461,015.00	119%
MCOP-Home Care	6,239.00	8,000.00	78%
MCOP-Home Chore	4,248.85	4,300.00	99%
MCOP-Home Injury Control	14,846.86	6,500.00	228%
MCOP-Opportunity Center at ALCC	12,529.00	13,000.00	96%
MCOP-Resource Advocacy	8,820.25	9,500.00	93%
MCOP-Specialized Transportation	3,082.00	7,400.00	42%
MCOP-Unmet Emergency Needs	15,000.00	15,000.00	100%
MCOP-Utility Assistance Program	20,000.00	20,000.00	100%
MCOP-Volunteer Caregiver Program	35.00	375.00	9%
Memory Lane Care Services	763.00	680.00	112%
Milan Seniors for Healthy Living	8,535.25	8,500.00	100%
Milan Seniors Meals on Wheels	2,066.00	3,800.00	54%
Milan Seniors Transportation	1,195.00	1,500.00	80%
Milan Aging in Action - Resource	1,093.25	1,040.00	105%
Monroe County Senior Legal Services	2,703.20	2,690.00	100%
Monroe Family YMCA Cancer Survivorship	96.00	96.00	100%
Monroe Family YMCA Enhanced Fitness	919.72	918.00	100%
Monroe Senior Citizens Center	95,036.75	103,000.00	92%
RSVP	47,228.56	57,009.00	83%
United Way Project Ramp of MC	157,614.45	122,500.00	129%

Table B.
Unduplicated Clients Served vs. Anticipated Clients Served
(Goal is to be at least 86%)

As of: November

Provider/Program	Cumulative Unduplicated Clients	Anticipated Clients Served	Percentage
Ash Senior Citizens	98	120	82%
Bedford Senior Community Center	1,050	1,150	91%
Bedford Twp. Veterans Center Pantry	42	40	105%
Berlin Township Senior Citizens Group	98	130	75%
Choices Counseling Solutions	56	40	140%
Dundee Area Senior Citizens Center	426	425	100%
Frenchtown Senior Citizens Center	1,532	1,150	133%
Health Van	157	175	90%
Lake Erie Transportation Commission	461	550	84%
Living Independence for Everyone	1,054	1,160	91%
MCOP-Food Assistance Program	1,704	1,600	107%
MCOP-Home Care	122	150	81%
MCOP-Home Chore	390	430	91%
MCOP-Home Injury Control	153	90	170%
MCOP-Opportunity Center at ALCC	80	350	23%
MCOP-Resource Advocacy	1,602	1,800	89%
MCOP-Specialized Transportation	136	250	54%
MCOP-Unmet Emergency Needs	25	22	114%
MCOP-Utility Assistance Program	38	30	127%
MCOP-Volunteer Caregiver Program	4	8	50%
Memory Lane Care Services	13	18	72%
Milan Seniors for Healthy Living	165	250	66%
Milan Seniors Meals on Wheels	20	30	67%
Milan Seniors Transportation	74	20	370%
Milan Aging in Action - Resource	110	200	55%
Monroe County Senior Legal Services	977	1,097	89%
Monroe Family YMCA Cancer Survivorship	11	12	92%
Monroe Family YMCA Enhanced Fitness	244	200	122%
Monroe Senior Citizens Center	1,762	1,650	107%
RSVP	284	325	87%
United Way Project Ramp of MC	32	30	107%

Table C.**Actual Expenditures vs. Total Budget**

(Goal is to be between 86% - 96%)

As of: November

Provider/Program	Actual Expenditures	Total Budget	Percentage
Ash Senior Citizens	\$41,358.78	\$41,978.00	99%
Bedford Senior Community Center	\$431,911.11	\$452,536.00	95%
Bedford Twp. Veterans Center Pantry	\$4,173.72	\$4,950.12	84%
Berlin Township Senior Citizens Group	\$36,455.00	\$79,826.00	46%
Choices Counseling Solutions	\$47,882.02	\$232,854.29	21%
Dundee Area Senior Citizens Center	\$366,629.33	\$399,200.00	92%
Frenchtown Senior Citizens Center	\$433,695.00	\$451,221.97	96%
Health Van	\$215,474.27	\$261,844.08	82%
Lake Erie Transportation Commission	\$734,153.00	\$902,120.00	81%
Living Independence for Everyone	\$1,486,686.12	\$1,474,239.95	101%
MCOP-Food Assistance Program	\$405,260.53	\$352,064.85	115%
MCOP-Home Care	\$209,877.20	\$397,440.00	53%
MCOP-Home Chore	\$170,852.96	\$224,646.58	76%
MCOP-Home Injury Control	\$22,768.24	\$23,000.00	99%
MCOP-Opportunity Center at ALCC	\$127,960.92	\$121,000.00	106%
MCOP-Resource Advocacy	\$224,859.46	\$258,141.76	87%
MCOP-Specialized Transportation	\$311,078.33	\$484,441.00	64%
MCOP-Unmet Emergency Needs	\$16,961.20	\$17,353.48	98%
MCOP-Utility Assistance Program	\$30,996.85	\$36,103.48	86%
MCOP-Volunteer Caregiver Program	\$14,431.47	\$18,608.00	78%
Memory Lane Care Services	\$79,790.52	\$58,426.00	137%
Milan Seniors for Healthy Living	\$61,288.29	\$91,844.10	67%
Milan Seniors Meals on Wheels	\$68,544.88	\$89,744.00	76%
Milan Seniors Transportation	\$79,439.04	\$121,241.00	66%
Milan Aging in Action - Resource	\$84,051.16	\$149,851.00	56%
Monroe County Senior Legal Services	\$321,627.60	\$359,939.00	89%
Monroe Family YMCA Cancer Survivorship	\$9,832.00	\$13,446.19	73%
Monroe Family YMCA Enhanced Fitness	\$47,118.00	\$46,308.50	102%
Monroe Senior Citizens Center	\$694,769.01	\$756,635.00	92%
RSVP	\$187,033.22	\$191,942.00	97%
United Way Project Ramp of MC	\$160,413.60	\$167,995.49	95%

Table D.

Total Cost Per Unduplicated Client (Year to Date)

(Goal is to be less than 110% at year end)

As of: November

Provider/Program	Actual Expenses	Y-T-D Unduplicate d Clients Served	Cost Per Unduplicated Client	Total Budget	Anticipated Clients Served	Unduplicated Cost Goal	Percent
Ash Senior Citizens	\$41,358.78	98	\$422.03	\$41,978.00	120	\$349.82	121%
Bedford Senior Community Center	\$431,911.11	1,050	\$411.34	\$452,536.00	1,150	\$393.51	105%
Bedford Twp. Veterans Center Pantry	\$4,173.72	42	\$99.37	\$4,950.12	40	\$123.75	80%
Berlin Township Senior Citizens Group	\$36,455.00	98	\$371.99	\$79,826.00	130	\$614.05	61%
Choices Counseling Solutions	\$88,325.00	56	\$1,577.23	\$301,354.29	40	\$7,533.86	21%
Dundee Area Senior Citizens Center	\$366,629.33	426	\$860.63	\$399,200.00	425	\$939.29	92%
Frenchtown Senior Citizens Center	\$433,695.00	1,532	\$283.09	\$451,221.97	1,150	\$392.37	72%
Health Van	\$215,474.27	157	\$1,372.45	\$261,844.08	175	\$1,496.25	92%
Lake Erie Transportation Commissioner	\$734,153.00	461	\$1,592.52	\$902,120.00	550	\$1,640.22	97%
Living Independence for Everyone	\$1,486,686.12	1,054	\$1,410.52	\$1,474,239.95	1,160	\$1,270.90	111%
MCOP-Food Assistance Program	\$405,260.53	1,704	\$237.83	\$352,064.85	1,600	\$220.04	108%
MCOP-Home Care	\$209,877.20	122	\$1,720.30	\$397,440.00	150	\$2,649.60	65%
MCOP-Home Chore	\$170,852.96	390	\$438.08	\$224,646.58	430	\$522.43	84%
MCOP-Home Injury Control	\$22,768.24	153	\$148.81	\$23,000.00	90	\$255.56	58%
MCOP-Opportunity Center at ALCC	\$127,960.92	80	\$1,073.50	\$121,000.00	350	\$345.71	311%
MCOP-Resource Advocacy	\$224,859.46	1,602	\$140.36	\$258,141.76	1,800	\$143.41	98%
MCOP-Specialized Transportation	\$311,078.33	136	\$2,287.34	\$484,441.00	250	\$1,937.76	118%
MCOP-Unmet Emergency Needs	\$16,961.20	25	\$678.45	\$17,353.48	22	\$788.79	86%
MCOP-Utility Assistance Program	\$30,996.85	38	\$815.71	\$36,103.48	30	\$1,203.45	68%
MCOP-Volunteer Caregiver Program	\$14,431.47	4	\$3,607.87	\$18,608.00	8	\$2,326.00	155%
Memory Lane Care Services	\$79,790.52	13	\$6,137.73	\$58,426.00	18	\$3,245.89	189%
Milan Seniors for Healthy Living	\$61,288.29	165	\$371.44	\$91,844.10	250	\$367.38	101%
Milan Seniors Meals on Wheels	\$68,544.88	20	\$3,427.24	\$89,744.00	30	\$2,991.47	115%
Milan Seniors Transportation	\$79,439.04	74	\$1,073.50	\$121,241.00	20	\$6,062.05	18%
Milan Aging in Action - Resource	\$84,051.16	110	\$764.10	\$149,851.00	200	\$749.26	102%
Monroe County Senior Legal Services	\$321,627.60	977	\$329.20	\$359,939.00	1,097	\$328.11	100%
Monroe Family YMCA Cancer Survivor	\$9,832.00	11	\$893.82	\$13,446.19	12	\$1,120.52	80%
Monroe Family YMCA Enhanced Fitness	\$47,118.00	244	\$193.11	\$46,308.50	200	\$231.54	83%
Monroe Senior Citizens Center	\$694,769.01	1,762	\$394.31	\$756,635.00	1,650	\$458.57	86%
RSVP	\$187,033.22	284	\$658.57	\$191,942.00	325	\$590.59	112%
United Way Project Ramp of MC	\$160,413.60	32	\$5,012.93	\$167,995.49	30	\$5,599.85	90%

Table E.**Actual Revenue vs. Total Budget**

(Goal is to be between 86% - 96%)

As of: November

Provider/Program	Actual Revenue	Total Budget	Percentage
Ash Senior Citizens	\$62,618.08	\$41,978.00	149%
Bedford Senior Community Center	\$491,303.68	\$452,536.00	109%
Bedford Twp. Veterans Center Pantry	\$3,989.22	\$4,950.12	81%
Berlin Township Senior Citizens Group	\$43,041.73	\$79,826.00	54%
Choices Counseling Solutions	\$88,325.00	\$232,854.29	38%
Dundee Area Senior Citizens Center	\$445,416.57	\$399,200.00	112%
Frenchtown Senior Citizens Center	\$537,831.00	\$451,221.97	119%
Health Van	\$237,518.21	\$261,844.08	91%
Lake Erie Transportation Commission	\$567,871.27	\$902,120.00	63%
Living Independence for Everyone	\$1,306,607.71	\$1,474,239.95	89%
MCOP-Food Assistance Program	\$356,746.38	\$352,064.85	101%
MCOP-Home Care	\$244,840.53	\$397,440.00	62%
MCOP-Home Chore	\$193,431.55	\$224,646.58	86%
MCOP-Home Injury Control	\$21,925.04	\$23,000.00	95%
MCOP-Opportunity Center at ALCC	\$136,769.44	\$121,000.00	113%
MCOP-Resource Advocacy	\$245,514.10	\$258,141.76	95%
MCOP-Specialized Transportation	\$260,063.12	\$484,441.00	54%
MCOP-Unmet Emergency Needs	\$25,380.64	\$17,353.48	146%
MCOP-Utility Assistance Program	\$43,253.16	\$36,103.48	120%
MCOP-Volunteer Caregiver Program	\$14,037.00	\$18,608.00	75%
Memory Lane Care Services	\$144,365.12	\$58,426.00	247%
Milan Seniors for Healthy Living	\$120,123.71	\$91,844.10	131%
Milan Seniors Meals on Wheels	\$76,047.35	\$89,744.00	85%
Milan Seniors Transportation	\$112,115.91	\$121,241.00	92%
Milan Aging in Action - Resource	\$64,070.98	\$149,851.00	43%
Monroe County Senior Legal Services	\$353,678.03	\$359,939.00	98%
Monroe Family YMCA Cancer Survivorship	\$10,482.00	\$13,446.19	78%
Monroe Family YMCA Enhanced Fitness	\$44,059.61	\$46,308.50	95%
Monroe Senior Citizens Center	\$698,408.42	\$756,635.00	92%
RSVP	\$209,580.49	\$191,942.00	109%
United Way Project Ramp of MC	\$176,060.87	\$167,995.49	105%

Commission on Aging Web Page Views

	Totals Views
https://www.co.monroe.mi.us/204/Transportation-Service	134
https://www.co.monroe.mi.us/180/Commission-on-Aging	112
https://www.co.monroe.mi.us/195/In-Home-Services	61
https://www.co.monroe.mi.us/205/Volunteer-Services	56
https://www.co.monroe.mi.us/194/Health-Nutrition-Servic	53
https://www.co.monroe.mi.us/192/Services	43
https://www.co.monroe.mi.us/201/Senior-Groups	24
https://www.co.monroe.mi.us/193/Adult-Day-Services	19
https://www.co.monroe.mi.us/197/Multi-Purpose-Senior-(	13
https://www.co.monroe.mi.us/199/Resource-Advocacy	12
https://www.co.monroe.mi.us/200/Senior-Counseling-Ser	11
https://www.co.monroe.mi.us/187/Former-Members	10
https://www.co.monroe.mi.us/203/Senior-Legal-Services	6
https://www.co.monroe.mi.us/182/By-Laws-Policies	1
https://www.co.monroe.mi.us/191/Service-Definitions	1
Grand total	556



Commission On Aging

www.co.monroe.mi.us/commonaging

A Division of the Monroe County
Community Planning & Engagement Department

965 South Raisinville Rd.
Monroe, MI 48161
734-240-3290

Fax: 734-240-3286
mccoa@monroemi.org

Mission Statement

The Monroe County Commission on Aging is charged with recommending the prudent spending of public dollars to promote the health, dignity, and independence of Monroe County residents sixty years of age and older.

Jason Berry
Director

Donald Spencer
Chair

Larry Gramlich
Vice-Chair

Mary Ann
Wertenberger
Secretary

Mary Gantz

Cynthia McIlvain

Wayne Meehan

Madonna Burkit

Pamela Nadeau

Harry Grenawitzke

To: Commission on Aging Board Members

From: Jason Berry

Date: January 9, 2026

RE: Waitlist/Requested Service Not Provided- January 2026

The following is a summary of all reported seniors placed or remaining on a waitlist and seniors requesting service that was not provided in January 2026: 36 Senior Citizens

United Way Project Ramp

As of January 2026, there are 36 Monroe County Senior Citizens awaiting a ramp.

In 2025, The United Way-Project Ramp built a total of 32 wheel chair ramps using senior millage funds.

MONROE COUNTY SUMMARY FINDINGS

Overall

- The survey was conducted from May through June 2025, both electronically and through paper copy with the partnership of the Monroe Aging Service Providers and University of Michigan StatCom graduate students.
- 418 individuals responded to the survey. 25% male and 75% female.
- 47% of the respondents were between the ages of 65 and 74 years of age.
- 82% reported living in their own home; another 12% reported living in an apartment.
- 34% reported living alone; another 55% reported living with one other person.
- 10% reported incomes of 100% of poverty or below (\$15,060 or less); another 10% reported having incomes of 125% of poverty or below (\$15,061 to \$18,825).
- 25% reported that their **overall quality of life** is excellent and 54% reported that their overall quality of life is good. This compares to 27% and 58%, respectively, from the 2015 study conducted by Wayne State University.
- 19% reported that their **physical health** is excellent and 54% reported that their physical health is good. This compares to 20% and 54%, respectively, from the 2015 Wayne State study.
- 24% reported that their **emotional health** is excellent and 51% reported that their emotional health is good. This compares to 27% and 55%, respectively, from the 2015 Wayne State study.
- The top three problems that we reported include feeling sad, blue, or depressed (45%); feeling worried or fearful (37%), and grieving the loss of a loved one (36%). These are up from the 2015 study's numbers of 30% for each category.
- Of the respondents (382) who have used services funded by the millage, 75% reported that they would recommend them to others, 59% reported that the service improved the quality of my life, and 48% reported feeling healthier since using the service. And 29% reported more likely to stay in Monroe County.
- Of those who do not use the services, 59% reported that they are independent and don't need any assistance right now. (Of those, 70% are under 75 years of age.) 24% reported that they still work and/or have family and friends to help me and socialize with. **16% reported that they were not aware of the services, and another 8% reported that they are aware, but don't know how to access them.**
- **A mailed flyer or brochure continues to be the best way to inform** older adults about local programs and services (76% in both 2015 and 2025). Social media, however, increased from 12% in 2015 to 44% in 2025. This corresponds to an increase in internet access (88% in 2025; compared to 79% in 2015).
- 73% reported that they were aware that Monroe County has a senior millage.

Transportation

The majority of respondents (87.7%) reported “*Not a problem*”, suggesting that **most people did not experience difficulties with driving or arranging rides**. A smaller proportion (9.1%) indicated it was a moderate problem, while only 2.9% considered it a major problem.

Of the 362 respondents who reported having access to a vehicle, 93% (n = 338) indicated that driving or arranging rides posed “*Not a problem*”, while 7% (n = 24) reported “*Moderate problem*” and 0% (n = 0) reported “*Major problem*” or “*Don’t know*.” These findings show that nearly all individuals with vehicle access experience minimal transportation difficulty. **This pattern suggests that vehicle access is strongly associated with transportation independence and ease of mobility.**

42 respondents indicated that they did not have access to a vehicle. Compared with those who have vehicle access, this group exhibits a much more varied and challenging experience. Roughly half managed transportation without difficulty, but approximately 53% (n ≈ 22) reported at least moderate or major problems. This highlights a clear disparity: **lacking personal vehicle access corresponds to a substantially higher likelihood of encountering transportation-related difficulties.**

Among those have access to a vehicle, 82% (n = 301) indicated that getting in and out of cars was “*Not a problem*,” 17% (n = 62) reported a “*Moderate problem*,” and 1% (n = 4) experienced a “*Major problem*.” **Having access to a vehicle was therefore associated with minimal physical difficulty.**

Of the 40 respondents who reported not having access to a vehicle, 60% (n = 24) stated that getting in and out of cars was “*Not a problem*,” 22% (n = 9) reported a “*Moderate problem*,” and 18% (n = 7) experienced a “*Major problem*.” Respondents without vehicle access showed greater variation in their experiences: while a majority (60%) still reported no problems, about **40% (n = 16) experienced at least moderate or major physical difficulty when entering or exiting vehicles**. This reflects a noticeably higher prevalence of mobility challenges among those without vehicle access compared to those who have it.

Among those who have access to a vehicle, 96% (n = 352) indicated that they *never* used public transportation, while 4% (n = 15) reported using it *two to six times a year*. Respondents with vehicle access overwhelmingly rely on their own transportation—nearly all (over nine in ten) reported never using public transit, highlighting that personal vehicle access largely eliminates the need for transit reliance.

Of the 41 respondents who reported not having access to a vehicle, 49% (n = 20) reported *never* using public transportation, 7% (n = 3) reported using it *two to six times a year*, 29% (n = 12) reported *weekly* use, 12% (n = 5) reported *monthly* use, and 3% (n = 1) reported *daily* use. **Respondents without vehicle access showed a much higher reliance on public transportation.** Roughly half still reported never using it, but the other half indicated some level of use. This pattern underscores that individuals lacking vehicle access are substantially more dependent on public transit options for mobility.

The most common response is “Only if health dictates” (31.03%), suggesting many Monroe residents plan on moving decisions based on future health needs. **“Never” (27.37%) is the second most frequent response, indicating a strong preference for aging in place.** “Possibly” (20.26%) shows that about a quarter are uncertain and open to the idea of moving. Only a small minority (4%) are committed to move in the near future.

The leading reason people indicated that they would move is “To eliminate outside maintenance” (26.94%), which highlights that reducing household upkeep is the top motivator. This indicates that the burden of tasks like yard work and snow removal is the most powerful motivator for relocation decisions. An additional 37% reported having problem with repairs inside their home. Other common reasons include downsizing for less space (19.83%) and moving to a single-floor home (19.18%), reflecting a desire for simpler living arrangements. Social and family factors also matter: moving to a 55+ community (11.21%) or closer to children (10.99%). Fewer respondents mentioned warmer climate (8.84%), assisted living (7.54%), or closer to town/bus route (3.45%).

The top three fears stated by residents were losing their spouse, not being able to pay their pills, and not being able to walk. People who added text responses (n=21) mentioned similar things such as losing independence, losing financial and housing security, health and mobility issues, and not being able to support their family. (Note: respondents were only explicitly told to rank their top three fears, so ranks 4-9 may be less informative).

A large majority of respondents (~85%) do not smoke, and over 50% of respondents also maintain a healthy lifestyle and perform activities like reading, puzzles, and prayer. The least common life improvements are seeking out social opportunities and meditating. People who added text responses (n=49) gave examples in six major categories: hobbies, employment, religion, travel, exercise and social activities. 54% reported having problems with getting enough exercise. And 60% reported having health issues or pain that prevents me from doing what I want to do.

Monroe County Survey Results

<u>Question</u> Number	<u>Question</u>	2025 Local		2015 Wayne State	
		Number	Percent	Number	Percent
1	What is your sex?				
	Male	106	25%	386	44%
	Female	307	75%	496	56%
	Prefer not to answer	5		77	
		418		959	
2	What is your age in years?				
	55 to 59	44	11%	N/A	N/A
	60 to 64	53	13%	196	22%
	65 to 69	100	23%	241	27%
	70 to 74	93	22%	177	20%
	75 to 79	62	15%	128	14%
	80 to 84	39	9%	82	9%
	85 to 89	19	5%	55	6%
	90 or older	8	2%	19	2%
3	What is your race?				
	White / Causasian	393	94%	896	97.0%
	Black / African American	7	2%	9	1.0%
	Hispanic	2	0.25%	8	0.9%
	Two or more races	4	1%	7	0.8%
	Other	3	1%	4	0.4%
	Prefer not to answer	8	2%	0	0.0%
4	What is your housing situation?				
	I live in my own home	348	82%	842	91%
	I live in an apartment	50	12%	72	8%
	I live with others in their home	15	4%		0%
	I live in assisted living / nursing home	3	1%	12	1%
	I'm currently homeless	1	0.50%		0%
5	How many people live with you?				
	Myself only	143	34%	140	19%
	Myself and one other	226	55%	475	65%
	Myself and two others	26	6%	71	10%
	Myself and three others	14	3%	28	4%
	Myself and four others	7	3%	13	2%
6	What Zip Code do you reside in?				
	48117	19	5%	57	6%
	48131	14	4%	25	3%
	48133	11	3%	31	3%
	48145	7	2%	83	9%

48157	5	1%		2	0%
48159	2	1%		9	1%
48161	86	24%		100	10%
48162	126	36%		154	16%
48166	26	7%		43	4%
48179	5	1%		25	3%
48182	36	10%		129	13%
49270	7	2%		33	3%
Other	9	3%		268	28%

7 **How many years have you live in Monroe County?**

Less than 10	Mean 43.2 years Median 41.5 years			Mean 47 years
11 to 20				
21 to 30				
31 to 40				
41 to 50				
More than 50 years				

8 **What is your current marital status?**

Married	240	58%		657	71%
Separated	5	1%		3	0%
Never Married	23	6%		49	5%
Widowed	81	19%		152	16%
Divorced	68	16%		63	7%

9 **What is your work status?**

Work full time	57	14%		88	10%
Retired	306	73%		658	72%
Disabled / SSDI	21	5%		23	3%
Work part time	28	7%		140	15%
Never worked	3	1%		11	1%

10 **What is your highest level of education?**

Less than 8th grade /no high school diploma	2	0.10%		113	12%
High School Diploma	142	34%		291	32%
GED	14	2.90%			
Some College / Two-year degree	103	26%		271	30%
Four-year degree	76	18%		121	13%
Post graduate degree	78	19%		117	13%

11 **What is your income - one person household**

\$15,060 or less (100% of poverty)	17	10%		41	5%
\$15,061 to \$18,825 (125% of poverty)	17	10%		65	8%
\$18,826 to \$22,590 (150% of poverty)	20	11%		69	9%
\$22,591 to \$26,355 (175% of poverty)	9	5%		68	8%
\$26,356 to \$30,120 (200% of poverty)	16	9%		78	10%
\$30,121 or greater	97	55%		489	60%

12 **What is your income - two person household**

\$20,440 or less (100% of poverty)	19	11%		Only asked household income
\$20,441 to \$25,550 (125% of poverty)	16	9%		
\$25,551 to \$30,660 (150% of poverty)	13	7%		
\$30,661 to \$35,770 (175% of poverty)	20	11%		
\$35,771 to \$40,880 (200% of poverty)	12	7%		
\$40,881 or greater	100	55%		

13 **Do you financially support others?**

Adult children	46	52%		132	14%
Grandchildren	17	19%			
Others	36	41%			

14 **Do you drive and have access to a vehicle?**

Yes	367	90%		869	93%
No	42	10%		64	7%

15 **In the last 12 months, how much of a problem have you had with driving or getting a ride to places you want to go?**

Major problem	12	3%		13	1%
Moderate problem	37	9%		59	6%
Not a problem	358	87.5%		860	92%
Don't know	1	0.50%		N/A	

16 **In the last 12 months, how much of a problem have you had with getting in and out of cars or other vehicles?**

Major problem	12	3%		12	1%
Moderate problem	72	18%		253	27%
Not a problem	327	79%		671	72%
Don't know	0	0			

17 **In the last 12 months, how many times have you used public transportation?**

Daily	2	0.50%		5	1%
Weekly	13	2.50%		2	0%
Monthly	7	2%		5	1%
Two to six times a year	14	3%		24	3%
Never	376	92%		903	96%

18 **Do you have access to a computer with internet and email?**

Yes	359	88%		740	79%
No	51	12%		292	21%

- 19 **Are you a member of a social club, community organization, or church group?**

Yes	278	68%		559	60%
No	132	32%		361	40%

- 20 **How many groups to you belong to?**

None	6	2%			
One or Two	163	59%			
Three or Four	85	31%			
Five or More	23	8%			

- 21 **During a typical week, how many hours do you spend participating in a social club, community organization, or church group?**

Less than one hour	23	10%		534	58%
One to two hours	79	29%		192	21%
Three to five hours	89	32%		140	15%
Six to 12 hours	60	22%		39	4%
More than 12 hours	18	7%		23	2%

- 22 **During a typical week, how many hours to you spend volunteering for a charity or community group?**

Less than one hour	125	47%		647	70%
One to two hours	67	25%		146	16%
Three to five hours	53	20%		79	9%
Six to 12 hours	14	5%		37	4%
More than 12 hours	8	3%		13	1%

- 23 **In the last 12 months, how much of a problem have you had finding interesting and meaningful volunteer work?**

Major problem	6	2%		18	2%
Moderate problem	31	8%		106	12%
Not a problem	251	65%		752	86%
Don't know	96	25%			

- 24 **During a typical week, about how many hours do you spend visiting with family or friends in person or talking with family or friends on the telephone?**

Not applicable	9	2%		24	3%
Less than one hour	42	10%		293	31%
One to two hours	69	17%		349	37%
Three to five hours	131	33%		153	16%
Six to 12 hours	91	22%		69	7%
More than 12 hours	66	16%		46	5%

- 25 **During a typical week, about how many hours do you spend communicating with family or friends via text, social media, or email?**

Not applicable	33	8%			
Less than one hour	79	20%			
One to two hours	118	30%			
Three to five hours	101	25%			
Six to 12 hours	45	11%			
More than 12 hours	25	6%			

- 26 **How would you rate your social activity level?**

Excellent	71	17%		181	20%
Good	175	43%		442	48%
Fair	108	27%		203	22%
Poor	32	8%		71	8%
Very Poor	20	5%		23	3%

- 27 **Do you have family, friends, or neighbors who live nearby that you can ask for help? (Check all that apply.)**

Family	305	75%		793	84%
Friends	256	63%			
Neighbors	230	57%			
No one is nearby to help	26	6%		150	16%

- 28 **During a typical week, how many hours do you spend on hobbies?**

Not applicable	42	10%		243	27%
Less than one hour	55	14%		220	24%
One to two hours	81	20%		220	24%
Three to five hours	127	32%		139	15%
Six to 12 hours	58	14%		43	5%
More than 12 hours	40	10%		46	5%

- 29 **During a typical week, how many hours do you spend engaging in moderate exercise or physical activity, including walking?**

Not applicable	11	3%		103	11%
Less than one hour	70	17%		316	34%
One to two hours	67	17%		290	31%
Three to five hours	143	35%		131	14%
Six to 12 hours	94	23%		48	5%
More than 12 hours	19	5%		46	5%

30 **How would you rate your physical activity level?**

Excellent	32	8%		150	16%
Good	173	43%		416	45%
Fair	130	32%		251	27%
Poor	48	12%		86	9%
Very Poor	20	5%		21	2%

31 **In the last 12 months, I have had problems with: (Check all that apply)**

Getting out of bed, bathing, or dressing	35	16%		124	13%
Losing balance / stumbling while walking	87	39%		241	26%
Falling or injuring yourself in your home	35	16%		120	13%
Housecleaning / light chores inside your home	59	27%		312	21%
Maintenance work or repairs inside your home	81	37%		318	35%
Maintaining the exterior of your home	82	37%		366	40%
Mowing the lawn or maintaining the yard	89	40%		269	30%
Removing snow in the winter time	78	35%		333	27%
Lifting or bending over to pick up objects	80	36%		336	36%
Climbing stairs in or around your home	77	35%		291	32%
Cooking or preparing meals	25	11%		110	12%
Managing medications	14	6%		52	6%

32 **Compared to other people your age, how would you rate your physical health?**

Excellent	75	19%		189	20%
Good	219	54%		504	54%
Fair	84	21%		177	19%
Poor	19	5%		44	5%
Very Poor	7	2%		11	1%

33 **How would you rate your overall quality of life?**

Excellent	99	25%		250	27%
Good	214	54%		533	58%
Fair	66	17%		116	13%
Poor	17	4%		17	2%
Very Poor	4	1%		3	0.3%

34 **In the last 12 months, I have had problems with: (Check all that apply.)**

My physical health	107	42%		458	49%
Having health issues or pain that prevents me from doing what I want to do	155	60%		456	49%
Getting enough exercise	138	54%		342	27%
Having enough food to eat	10	4%		41	4%
Maintaining a healthy diet	59	23%		172	19%
Getting the dental care I need	25	10%		119	13%
Getting the vision care I need	16	6%		111	12%
Getting the hearing care I need	10	4%		96	11%
Getting overall healthcare	15	6%		89	10%

35 **How would you rate your emotional health?**

Excellent	98	24%		246	27%
Good	206	51%		502	55%
Fair	85	21%		143	16%
Poor	14	3%		25	3%
Very Poor	3	1%		5	1%

36 **In the last 12 months, I have had problems with: (Check all that apply.)**

My mental or emotional health	49	24%		186	20%
Feeling blue, sad, or depressed	94	45%		282	30%
Feeling lonely, left out, or isolated from others	61	29%			
Feeling worried or fearful	77	37%		281	30%
Grieving or mourning the loss of a loved one	75	36%		284	30%
Feeling confused or forgetful	38	18%		195	21%
Concentrating or making decisions	39	19%		166	18%
Finding meaning or purpose in my life	46	22%		147	16%
Being a victim of crime, fraud or a scam	11	5%		56	6%
Feeling safe in my neighborhood and community	16	8%		107	12%
Finding meaningful or productive activities	32	15%			
Feeling respected and valued in my community	19	9%		80	9%
Feeling stress over not having enough money for food, medicine, daily expenses	45	22%		137	15%

37 **During a typical week, how many hours do family members or friends spend helping you with cooking, shopping, cleaning or other household chores?**

Not applicable	259	65%		751	81%
One hour or less	71	18%		77	8%
Two to five hours	41	10%		49	5%
Six to 12 hours	19	5%		21	2%
More than 12 hours	11	3%		31	3%

38 **During a typical week, how many hours do family members or friends spend helping you with bathing, dressing, or other personal care?**

Not applicable	379	95%		884	95%
One hour or less	7	2%		19	2%
Two to five hours	6	2%		3	0%
Six to 12 hours	3	1%		8	1%
More than 12 hours	4	1%		12	1%

39

During a typical week, how many hours do YOU spend helping friends or family members with cooking, shopping, cleaning, or other household chores?

Not applicable	257	64%		243	27%
One hour or less	61	15%		355	39%
Two to five hours	52	13%		170	19%
Six to 12 hours	15	4%		68	8%
More than 12 hours	16	4%		63	7%

40

During a typical week, how many hours do YOU spend helping friends or family members with bathing, dressing, or other personal care?

Not applicable	351	88%		707	76%
One hour or less	24	6%		117	13%
Two to five hours	13	3%		50	5%
Six to 12 hours	6	2%		22	2%
More than 12 hours	3	1%		30	3%

41

In the last 12 months, I have had problems with: (Check all that apply)

Feeling physically strained by caring for a child, spouse or parent	34	47%		149	17%
Feeling mentally or emotionally stressed by caring for a child, spouse, or parent	53	74%		200	23%
Feeling financially burdened by caring for a child, spouse, or parent	18	25%		83	10%
Getting a break from caregiving occassionally	23	32%		82	10%
Getting advice, information, and support for myself as a caregiver	19	26%		62	7%

42

Are you are that Monroe County has a senior millage?

Yes	288	73%			
No	106	27%			

43

Which of the following services have you used: (Check all that apply.)

Ash Senior Citizens	4	1%			
Bedford Senior Community Center	19	5%			
Choices Counseling Services	3	1%			
Dundee Senior Citizens Center	13	3%			
Frenchtown Center for Active Adults	94	25%			
Frenchtown Adult Day Care	5	1%			
Health Van (Bedford)	8	2%			
Lake Erie Transit	27	7%			
Living Independence for Everyone	5	1%			
Memory Lane Care Services	6	2%			

Milan Seniors for Healthy Living	9	2%			
Monroe Center for Healthy Aging	63	16%			
Monroe County Opportunity Program	26	7%			
MCOP Opportunity Center	39	10%			
Monroe Senior Legal Services	31	8%			
YMCA EnhanceFitness	32	8%			
RSVP of Monroe County	27	7%			
United Way Ramp Program	6	2%			
I have not used any of these	152	40%			

44 In the last 12 months, about how many times have you attended senior centers or activity programs?

Never	224	57%		789	84%
2 - 6 times per year	52	13%		73	8%
Monthly	21	5%		41	4%
Weekly	70	18%		13	1%
Daily	26	7%		22	2%

45 If you have used the services: (Check all that apply.)

The service(s) improved the quality of my life.	98	59%			
I feel healthier since using the service(s).	80	48%			
The services(s) helped me feel more secure.	27	16%			
I feel less lonely since receiving the service(s).	46	28%			
I feel happier since receiving the service(s).	69	42%			
The service(s) make it easier for the family and friends who help me.	15	9%			
I may not be able to stay in my own home without the senior service(s) I receive.	5	3%			
I am more likely to stay in Monroe County because of the services available to me.	48	29%			
I would recommend the services to others.	125	75%			

46 If you DO NOT use any of the list services, please tell us why not. (Check all that apply.)

I still work.	66	24%			
I'm currently taking care of my grandchildren.	14	5%			
I am not aware of the service(s).	44	16%			
I've heard about the services, but don't know how to access them.	22	8%			
The service I need is not available in my community.	7	3%			
I have family or friends to help me / socialize with.	67	24%			
I believe that the services are for those in need, and I am financially sound.	59	21%			
the services are too expensive for me.	8	3%			
I socialize at my church or other organizations.	57	21%			
I am independent and don't need any assistance right now.	163	59%			

46.a

172 Respondents reported that they DO NOT use any of the services because "I am independent and don't need any assistance right now." By age group.

55 to 59	19	11%			
60 to 64	22	13%			
65 to 69	42	24%			
70 to 74	38	22%			
75 to 79	23	13%			
80 to 84	12	7%			
85 to 89	12	7%			
90 or older	3	2%			
No Answer	1	1%			

47

I believe that local services for older adults help make Monroe County a better place to live.

Strongly agree	265	66%		230	25%
Agree	95	24%		326	36%
Not Sure	34	9%		322	35%
Disagree	1	0.50%		23	3%
Strongly disagree	1	0.50%		9	1%

48

Do you think that senior centers, in particular, are important to the quality of life or older residents?

Strongly agree	277	70%		393	43%
Agree	91	23%		434	47%
Not Sure	28	7%		81	9%
Disagree	2	1%		6	1%
Strongly disagree	0	0		5	1%

49

What would be the best way to inform older adults about local programs and services? (Check and rate your TOP THREE.)

Newspaper	99	26%		367	38%
Mailed flyer or brochure	291	76%		729	76%
Radio	42	11%			
Social Media (Like FACEBOOK)	169	44%		114	12%
TV Advertising	83	22%		191	20%
Participate at art fairs	28	7%			
Church bulletins	136	36%		204	21%
Township newsletters	174	45%		44	5%
Bus Ads	33	9%			
Bench Advertising	13	3%		61	6%
Pass our SeniorSource	36	9%			
Other (Specify).	21	5%			

50 Do you need other services that are currently not available?

Yes (please list)	41	11%			
No	316	89%			

51 Do you plan on moving from your current home in the next few years?

Absolutely	16	4%		522	57%
Possibly	94	25%			
Only if health dictates	144	38%			
Never / No	127	33%		393	43%

51.a Do you plan on moving from your current home in the next few years? Responses from 348 people who also selected "I live in my own home."

Absolutely	11	3%			
Possibly	74	21%			
Only if health dictates	124	36%			
Never	110	32%			
No Answer	29	8%			

52 Why would you consider moving? (Check all that apply,)

To move closer to children	51	18%		82	9%
To be on one floor (ranch style) with bedrooms and laundry on main floor	89	32%		90	10%
To eliminate outside maintenance, including lawn mowing and snow removal.	125	45%		150	16%
To move in to assisted living so that I have help with daily living tasks.	35	13%		233	25%
To be closer to town -- bus route, groceries, etc.	16	6%		48	5%
To downsize -- I want less space to take care of	92	33%		140	15%
To move to a 55+ community where I have more opportunities to socialize.	52	19%			0%
To get of Michigan to a warmer climate.	42	15%		145	16%
Other:	35	13%		44	5%

53 What is your biggest fear about getting older? (Highest rankings per item.) 367 respondents

Finances -- not being able to pay my bills	114	31%			
Losing my ability to walk	85	23%			
Loneliness -- it seems all my friends and family are gone.	132	36%			
Getting Alzheimer's	70	19%			
Losing my spouse	85	23%			
Not being able to take care of my house	109	30%			
Not being able to drive.	120	33%			
Nothing. I'm not afraid to get older.	244	66%			
Other:	19	5%			

54 **What prevention measures are you doing now to improve your life? (Check all that apply.)**

Eating healthy foods	286	74%			
Exercise 3 to 5 times a week	223	57%			
Meditating	55	14%			
Regular health check-ups	312	80%			
Do not smoke	329	85%			
Do not drink alcohol	219	56%			
Seek out social opportunities	162	42%			
Do puzzles for my brain	223	57%			
Read	254	65%			
Pray	232	60%			
Other:	49	13%			

55 **What surprises you about getting older?**

My brain still thinks I'm 30 and can do things like lean out the gutters, climb ladders, etc. But my body says, "Nope."

I'm a widow with no relatives in state. Your friends all have families, are busy, and don't include you.

Gaining weight; harder to do things, the rise of cost of living for groceries, insurance, doctor visits.

That I still feel "young" in my mind. How exciting it is to be at a point in life where I'm almost ready to retire and do what I want, when I want, for as long as I want, at the pace I want. I'm looking at the next 40 years as an adventure. How much I'm looking forward to be a grandparent."

How fast it comes!

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Monroe, MI 48161
734-210-1071



Commission on Aging
965 S Raisinville Road
Monroe, MI 48161

Mr. Berry,

I am writing to submit our request for additional funding for 2026. We would like to be in attendance and present for the board meeting on January 14, 2026. We are requesting a unit increase to \$165 and an increase in funding to continue to serve our Monroe County senior residents with their mental health needs. Please see our attached proposal, application, and request for funding increase.

Thank you in advance for your kind consideration.

Regards,

A handwritten signature in black ink, consisting of a large, stylized 'S' followed by a horizontal line extending to the right.

Audrey Schroeder, LMSW, CTC-SW



Unit Increase and Cost Share Overview

2026 Senior Millage Funding

Audrey Schroeder, LMSW, CTC-SW

Wednesday, December 31, 2025

The Senior Mental Health Services Program provides critical counseling and support to older adults facing challenges such as depression, anxiety, and social isolation.

This cost projection outlines funding needs for existing clients and an additional anticipated 14 unduplicated clients over one year.

Clients served in 2025: 63

If we maintain the program as is at 63 clients served for the year, we may have to wait list any new potential clients to the COA Senior Mental Health and Outreach Program. As clients discharge, we can add new ones. We would also cap services at two (2) sessions per month per client.

We would need an additional **\$25,740** to continue the program as is.

Total Clients	Sessions Per Month Per Client	Total Number of Months	Total Units Before Cost Share	Total Cost <u>BEFORE</u> Cost Sharing	Total Units After Cost Sharing	Unit Cost	Total Cost <u>AFTER</u> Cost Sharing
63	2	12	1512	\$249,480	756	165	\$124,740



2026 Senior Millage Funding

Choices Counseling Solutions
Official Agency Name

Senior Mental Health
Program/Service

2026 Senior Millage Funding Application

Choices Counseling Solutions

March 25, 2025

Official Agency Name

Date of Application

Senior Mental Health Direct Services

Program Type:

734-210-1071

Phone Number

15366 S. Dixie Hwy

Mailing Address

Monroe

City

48161

Zip

Audrey Schroeder, LMSW, CTC-SW

Primary Contact Person

Clinical Therapist, Owner

Title

Date organization was established: 08/08/2002

08/08/2002

Which option below describes your organization?

For-Profit **X**

Non-Profit _____

Government _____

Days and hours of service: Admin Hours M-TH 10-5, Day and Evening Appointments Available

Admin Hours M-TH 10-5, Day and Evening Appointments Available

Number of paid employees **Full time** 2

Full time	2
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Part time 6

6

Officers Information:		
Name	Title	County of Residence
Audrey Schroeder	Clinical Therapist	Monroe
Kelly Schwind	Clinical Therapist	Lucas
Jerri Stotz	Clinical Therapist	Lenawee
Serina Vanderbush	Clinical Therapist	Monroe
Tina Elliott	Clinical Therapist	Monroe
Tennery Hicks	Clinical Therapist	Monroe
Monica Castillo	Office Manager	Monroe
Amy Koepf	Insurance/Billing/Credential	Monroe

2026 Program Summary

1. Describe the program for which funds are requested (Limit response to space provided):

Senior Mental Health Counseling and Outreach Program Description OVERVIEW: This program aims to improve the mental health and well-being of seniors in the community by providing in-office, outreach services, education, and support. We recognize that mental health challenges can be unique for older adults and strive to create a safe and welcoming environment where they can access the resources they need. TARGET POPULATION: Seniors aged 60 and above who are experiencing mental health concerns such as depression, anxiety, loneliness, isolation, or adjustment difficulties. Individuals who may be at risk for mental health problems due to social isolation, health issues, or life transitions. Seniors who have little or no mental health coverage who may need financial assistance with copays, deductibles or full session cost. PROGRAM BENEFITS: Outreach and engagement: Trained staff will connect with seniors in their homes, senior centers, community events, and other settings to raise awareness about mental health, reduce stigma, and build trust. Individual assessments: We will conduct confidential assessments to understand each senior's unique needs and concerns. Individual counseling: Short-term counseling sessions will be available to address specific mental health concerns and provide emotional support. Resource referrals: We will connect seniors with appropriate mental health services, social services, and health and community resources based on their individual needs. ADDITIONAL INFORMATION: The program may be offered in different formats, such as individual sessions, tele-health, or home-based visits. We will collaborate with community partners, such as senior centers, healthcare providers, and social service agencies, to ensure a comprehensive and coordinated approach to care. Culturally competent services will be available to meet the diverse needs of the community. Confidentiality and respect for individual privacy will be upheld throughout the program. Please note: This is a general program description and may need to be adapted to fit the specific needs of the individual, community, and target population.

2. Explain the need for your program and its relevance to improving the quality of life for Monroe County seniors (Limit response to space provided):

The need for senior mental health services is critical and growing. According to the National Institute of Mental Health, about 20 % of adults aged 65 and older experience a mental health disorder in a given year. This number is expected to rise as the population ages. It is important to raise awareness about the need for senior mental health services and to advocate for increased access to care. Mental health care can be expensive and Medicare coverage for mental health services is limited. The consequences of not addressing senior mental health needs can be serious. Untreated mental health problems can lead to increased physical health problems, functional decline, social isolation and increased risk of suicide. By working together, we can ensure that all seniors have access to the mental health care they need. There are many reasons why seniors are at an increased risk for mental health problems. Some of the most common factors include: **LOSS OF LOVED ONES:** Seniors may experience grief and loss due to the death of spouses, friends, or other family members. **PHYSICAL HEALTH PROBLEMS:** Chronic health conditions, such as pain, heart disease, or diabetes can take a toll on mental well-being. **PHYSICAL HEALTH PROBLEMS:** Chronic health conditions, such as pain, heart disease, or diabetes can take a toll on mental well-being. **SOCIAL ISOLATION:** Seniors may become isolated due to retirement, limited mobility, or transportation difficulties. **FINANCIAL WORRIES:** Concerns about income, housing, and healthcare can be stressful. **CHANGES IN COGNITIVE FUNCTION:** Some seniors may experience memory loss or other cognitive changes that can lead to anxiety and depression. Despite the need for services, many seniors do not receive mental health care. This is due to a number of factors including: **STIGMA:** There is still a stigma associated with mental illness, which can prevent seniors from seeking help. **LACK OF AWARENESS:** Seniors may not be aware of the symptoms of mental health disorders or the types of services available. **LIMITED ACCESS TO CARE/COST:** There is a shortage of mental health professionals who specialize in working with older adults. Mental health care can be expensive, and Medicare coverage for mental health services is limited.

2026 Program Summary Continued

3. What measures will you use to evaluate the success of your program (Limit response to space provided)?

INDIVIDUAL OUTCOMES: Reduction in symptoms: This could include measuring changes in depression, anxiety, grief, stress, or other relevant mental health symptoms using standardized scales or questionnaires. Improvement in functioning: This could involve assessing daily living skills, social engagement, participation in activities, and overall quality of life. Increased satisfaction with treatment: This could be measured through surveys or interviews with program participants. **PROGRAM-LEVEL OUTCOMES:** Completion rates: Tracks how many participants complete the program as planned. Engagement in therapy: Measures how actively participants participate in individual and group therapy sessions. Readmission rates: Determine how many participants require further hospitalization or intensive treatment after program completion. Cost-effectiveness: Compare the program's costs to its benefits for participants and the healthcare system. **ADDITIONALLY:** Participant feedback: Gathering qualitative data through surveys and interviews can provide valuable insights into participants' experience and areas for improvement. It is important to note that the specific measures used will vary depending on the program's goals, target population, and resources. However, by focusing on these key areas, programs can gain valuable insights into their effectiveness and identify areas for improvement.

4. Do you charge a mandatory direct fee to clients for your services? If yes, please provide details including fee amount (Limit response to space provided).

Annual Mental Health Assessment (90791) \$210; 50 minute session (90837) \$165

5. Indicate how many "COA" unduplicated clients you expect to serve in 2026? 14.00
6. How many seniors did you have to place on a wait list or were unable to serve in 2024 due to lack of resources? (documentation may be requested for verification purposes) 0
7. How much reserve funding (i.e. "fund balance" or "rainy day funds") do you have available for this program at this time? \$0.00
8. How much did the 2024 actual revenue exceed (or fall short of) the 2024 actual expenditures for this program? \$28,000.00

2026 Request

1. Number of Units Requested 756.00
2. Requested Unit Rate \$165.00
3. Total Designation Requested (#1 x #2) \$124,740.00

Explain any increases or decreases in number of units requested (#1) and/or requested unit rate (#2) from prior year (Limit response to space provided).

The agency anticipates serving 14 unduplicated clients in addition to existing clients of the program, with a limitation of two sessions per client each month. A unit rate increase is requested to account for rising insurance reimbursement costs that have been imposed. While the unit rate has increased, the agency continues to cost share for clients in the program.

Explain any increases or decreases in funding requested for salaries and/or operations from prior year (Limit response to space provided).

The funding increase in this proposal supports this program as therapeutic salaries are covered by 60% of the unit. Operations are funded through the remaining unit amount.

Check the appropriate "Unit of Service"

One Day

One Dollar

One Hour

One Meal

One Pound of Food

1 - One-Way-Trip

X

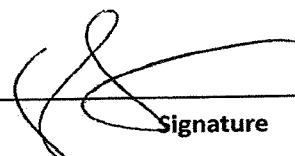
What is the total cost to you to provide one unit of this service?

\$165.00

I assure the Monroe County Commission on Aging that all the information provided herein is current and accurate, and any Senior Millage Funds designated will be used expressly for the purposes requested, and that all services and activities will be operated in accordance with State and Federal Laws, Monroe County Commission on Aging Regulations, Policies and Procedures.

Audrey Schroeder
Print Name

Owner, LMSW
Title


Signature
12.31.2025
Date

Proposed Operations Budget for Calendar Year 2026

Provider: _____

Program: _____

Operations	2025	2026	Difference	Revised 2026	Revised Difference
Advertising	\$1,006.25	\$1,157.19	\$150.94		
Central Services/Indirect Cost			\$0.00		
Client Program Supplies			\$0.00		
Client Transportation			\$0.00		
Conference/Training	\$495.00	\$572.70	\$77.70		
Contracted Services	\$1,875.92	\$2,157.31	\$281.39		
Direct Financial Assistance			\$0.00		
Dues/Fees/License	\$8,836.84	\$10,162.37	\$1,325.53		
Duplication/Printing	\$522.50	\$600.88	\$78.38		
Electric			\$0.00		
Employee/Volunteer Expenses			\$0.00		
Equipment Lease/Purchase	\$356.18	\$409.61	\$53.43		
Equipment Maintenance			\$0.00		
Facility Maintenance Contracts			\$0.00		
Food Purchase	\$747.50	\$859.63	\$112.13		
Fundraising Activities			\$0.00		
Gas (Facility)			\$0.00		
Home Modification Supplies/Equipment			\$0.00		
Internet	\$560.00	\$644.00	\$84.00		
Janitorial Supplies			\$0.00		
Kitchen Supplies/disposables			\$0.00		
Liability Insurance	\$128.70	\$148.00	\$19.30		
Newsletter Expense			\$0.00		
Office Equip. Repair & Maint.			\$0.00		
Office Supplies	\$1,007.40	\$1,158.51	\$151.11		
Postage	\$33.00	\$37.95	\$4.95		
Rent	\$6,600.00	\$6,600.00	\$0.00		
Staff travel			\$0.00		
Subscriptions/Manuals			\$0.00		
Telephone	\$385.00	\$385.00	\$0.00		
Trash/Lawn/Snow Care			\$0.00		
Vehicle Gas and Oil			\$0.00		
Vehicle Insurance			\$0.00		
Vehicle Lease/Purchase			\$0.00		
Vehicle Maintenance			\$0.00		
Volunteer Insurance			\$0.00		
Volunteer Meal Reimbursement			\$0.00		
Volunteer Recognition			\$0.00		
Volunteer Transport/Stipend Reimburse.			\$0.00		
Water			\$0.00		
Total Operations	\$22,554.29	\$24,893.15	\$2,338.86	\$0.00	\$0.00

Proposed Annual Wages/Benefits Budget for Calendar Year 2026

Provider: _____

Program: _____

Positions	2025	2026	Difference	Revised 2026	Revised Difference
Office Manager	\$10,633.50	\$17,290.00	\$6,656.50		
Clinical Therapist #1	\$315.18	\$1,260.72	\$945.54		
Clinical Theraplst #2	\$22,226.03	\$39,600.00	\$17,373.97		
Clinical Theraplst #3	\$5,959.32	\$8,343.05	\$2,383.73		
Clinical Therapist #4	\$656.92	\$919.69	\$262.77		
Clinical Therapist #5	\$7,538.37	\$10,553.72	\$3,015.35		
Clinical Therapist #6	\$1,853.40	\$2,594.76	\$741.36		
Clinical Theraplst #7	\$1,200.00	\$1,680.00	\$480.00		
Office Biller	\$2,200.00	\$2,640.00	\$440.00		
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Total Wages & Benefits	\$52,582.72	\$84,881.94	\$32,299.22	\$0.00	\$0.00
Total Budget	\$75,137.01	\$109,775.09	\$34,638.08	\$0.00	\$0.00

Provider:

Revenue Sources	2025	2026	Difference	Revised 2026	Revised Difference
AgeWays			\$0.00		\$0.00
Client Cost Share			\$0.00		
Commission on Aging (COA)	\$78,050.00	\$99,000.00	\$20,950.00	\$124,740.00	\$25,740.00
Commodities Supplemental Food Prog			\$0.00		
Community Mental Heath			\$0.00		
Community Service Block Grant			\$0.00		
Corporate Sponsorship			\$0.00		

Corporation National & Community Serv.			\$0.00		
Department of Agriculture			\$0.00		
Department of Human Services			\$0.00		
Donations			\$0.00		
Dues			\$0.00		
Emergency Food Assistance Program			\$0.00		
Employee Ins. Cost share			\$0.00		
Fares			\$0.00		
Federal Section 5311			\$0.00		
Funds Raised			\$0.00		
Hope Network			\$0.00		
Office of Services to the Aging			\$0.00		
Private Pay			\$0.00		
Public Act 51			\$0.00		
SMART			\$0.00		
United Way			\$0.00		
Units of Government			\$0.00		
Van Fees			\$0.00		
Enter other funding source below					
Medicare/Insurance	\$25,018.14	\$49,500.00	\$24,481.86	\$124,740.00	\$75,240.00
			\$0.00		
			\$0.00		
Total Revenue	\$103,068.14	\$148,500.00	\$45,431.86	\$249,480.00	\$100,980.00
In-kind Description:				In-Kind Amount:	

Commission on Aging Additional Funding Request

Organization Name: Choices Counseling Solutions, LLC **Date:** 12/30/2025

Authorized Representative: Audrey Schroeder, LMSW **Title:** Owner, LMSW

Program Name: Senior Mental Health Outreach Program

Type of Request X Additional Money X Change in Units / Unit Rate
Yes Is this a one-time expense? Budget Revision (Same Amounts)

Dollar Amounts 99,000 Original Allocation 25,740 Additional Funding Requested

Contracted Units 660 Contracted Number of Units 756 New Number of Projected Units
150 Contracted Unit Rate 165 Proposed Unit Rate

Justification for the Request for Additional Funding: Why are the funds needed? What line items are expected to increase or decrease? Why is this happening? Budget: Attach current income and expense statement AND the COA Revised Budget Forms

We are requesting a unit increase to \$165 and an increase in funding to continue to serve our Monroe County senior residents with their mental health needs. Please see our attached proposal, application, and request for funding increase.

Justification for a Change in the Number of Units and Unit Rate: Why is a change of units needed? How many units have already been provided? What's the new year-end projection? What is the average number of units provided?

For the fiscal year 2026, we anticipate serving 63 clients. We would require 756 units to serve existing and new clients.

What Other Sources of Funding have been attempted? Have other foundations or fund sources been approached for funding? If so, which ones? If not, why not? Have fundraising events been held and what were the results?

No other foundations or grants. We are a private practice and are not eligible to apply. I cannot fundraise as a private practice for my own services. As promised in our previous request, we have assisted clients in gaining beneficial insurance to help cover cost or utilize their current coverage. This has helped reduce the amount of a unit used by only covering copays and deductibles that clients are not able to cover instead of a full session.

What Cost Sharing is included with this program? How do individuals who participate in the service contribute to the program? Cost share? Are services provided if the individual is unable to contribute?

We have built rapport with clients and educated them on how they can utilize their existing insurance coverage to pay for part of their treatment and how the COA grant can help cover the remaining cost which they cannot afford.

What Happens if the request is not granted? What consequences are expected if the request is not granted?

The consequence in denial of the additional funding request would result in limitation of services for existing clients and would prevent the program to provide services to new clients.