



Commission On Aging

www.co.monroe.mi.us/commonaging

A Division of the Monroe County
Community Planning & Engagement Department

965 South Raisinville Rd.

Monroe, MI 48161

734-240-3290

Fax: 734-240-3286

mccoa@monroemi.org

Mission Statement

The Monroe County Commission on Aging is charged with recommending the prudent spending of public dollars to promote the health, dignity, and independence of Monroe County residents sixty years of age and older.

Jason Berry
Director

Donald Spencer
Chair

Larry Gramlich
Vice-Chair

Mary Ann
Wertenberger
Secretary

Cynthia McIlvain

Wayne Meehean

Mary Gantzios

Madonna Burkit

Pamela Nadeau

Harry Grenawitzke

**Monroe County Commission on Aging
Regular Board Meeting
May 13, 2026
Monroe County Commission on Aging Board Room
AGENDA
1:00 p.m.**

1. Call to Order
2. Roll Call
3. Pledge of Allegiance
4. Silent Prayer
5. Approval of Agenda
6. Public Comment
7. Special Presentations:
 - A. Monroe County Opportunity Program (Stephanie Kasprzak)
8. Consent Agenda
 - A. Approval of Minutes of April 8, 2026 Regular Meeting
 - B. Strategic Planning Committee Notes of May 6, 2026
 - C. Finance Reports
 - D. Correspondence- None
 - E. Formal Agency Reports- None
9. Director's Report
10. Old Business: None
11. New Business
 - A. 2025 County Survey Comparison
 - i. Monroe Center for Healthy Living
 - ii. AgeWays Community Needs Survey
 - B. Monroe County Commission on Aging Funding Process
 - i. Application Procedures
12. Public Comment
13. Commission Members' Comments
14. Adjournment

The next Regular Board meeting will be on Wednesday, June 10, 2026, in the Monroe County Commission on Aging Board Room.

The County of Monroe will provide necessary auxiliary aids and services, such as signers for the hearing impaired and audiotapes of printed materials being considered at the meeting to individuals with disabilities at the meeting upon one week's notice to the County of Monroe. Individuals with disabilities requiring auxiliary aids or services should contact the County of Monroe by writing or calling the following: Human Resources 125 East Second Street, Monroe, MI 48161, (734) 240-7295.



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Monroe County Commission on Aging

Regular Board Meeting Minutes

April 8, 2026

Commission on Aging Conference Room

Don Spencer called the meeting to order at 1:02 p.m.

Members present Don Spencer, Wayne Meehan,
Cynthia McIlvain, Larry Gramlich, Pamela Nadeau,
Mary Ann Wertenberger, Madonna Burkit, Harry Grenawitzke

Members excused: Mary Gantz

Pledge of Allegiance

Silent Prayer

Approval of the Agenda:

Motion to approve the April 8, 2026 Regular Board Meeting Agenda as presented.

Motion by: Larry Gramlich **Supported by:** Mary Ann Wertenberger
Motion carried.

Public Comment:

None

Special Presentations:

A. Bedford Twp. Veterans Center (Nancy Schiffer)

In 2026 the average amount of households served was 44, 50% of those homes were seniors. 37 people per month were self-sustaining thanks to COA. They have been able to introduce additional programs with the funds that have been reallocated due to COA support. Nancy ensured the board that they are only reporting on the COA applicable residents.

B. Bedford Senior Community Center (Celia Apodaca)

Their program is gaining around 72 additional residents per year since the COVID reopening. Facebook has been working very well for exposure. They have been able to add video and audio tech to their facility allowing additional activities.

Consent Agenda:

- A. Approval of the Minutes of the March 11, 2026 Regular Meeting
- B. Finance Reports – None.



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Harry Grenawitzke

Pamela Nadeau

C. Correspondence – None.

D. Formal Agency Reports – None

Motion to approve by: Cynthia McIlvain Supported by: Harry Grenawitzke
Motion Carried.

Directors' Report:

➤ Common Measures Report

The Common Measures Reports provide the Commission with the provider's Cumulative Units Reported vs. Maximum, Cumulative Unduplicated Clients Served vs. Anticipated, Actual Expenditures vs. Total Budget, Total Budget Cost per Unduplicated Client, and Actual Revenue vs. Budgeted Revenue.

➤ COA Website Views

The monthly analytics snapshot shows how many hits the COA website received and the categories most visited. During March 2026 there were 718 total Website views. Transportation was the most viewed at 171.

➤ Waitlist/Service Not Provided Summary

Mr. Berry reported that as of March 2026, there are 39 seniors on the Project Ramp waitlist. There has been one ramp completed already and the next build is scheduled for April 9, 2026

Old Business: None.

New Business:

A. Zion Evangelical Lutheran Church (C.B Wade & Rick Keck)

- a. Request to be a Supplemental Food Assistance Service Provider
- b. Address: 8307 Memorial Hwy. Ottawa Lake, MI 49267
- c. Motion to approve \$5,292.00 from Contingency (280-96600-969002) for 2026 to provide supplemental food assistance on the 2nd & 4th Tuesday of each month.

Motion by: Larry Gramlich

Supported by: Cynthia McIlvain

Roll Call Vote Taken:

Cynthia McIlvain – Yes
Mary Ann Wertenberger – Yes
Madonna Burkit – Yes
Harry Grenawitzke – Yes

Don Spencer - Yes
Wayne Meehean - Yes
Pam Neadeau - Yes
Larry Gramlich – Yes

Motion carried.

- d. Motion to approve the transfer of \$2,200 from the Contingency (280-96600-969002) to the Commission on Aging software license fee (101-67200-814015) for PeerPlace.

Motion by: Mary Ann Wertenberger

Supported by: Wayne Meehean

Roll Call Vote Taken:

Cynthia McIlvain – Yes
Mary Ann Wertenberger – Yes

Don Spencer - Yes
Wayne Meehean - Yes



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Pamela Nadeau

Madonna Burkit – Yes
Harry Grenawitzke – Yes
Motion carried.

Pam Neadeau - Yes
Lary Gramlich – Yes

B. 2027 Budget Meeting/Recommendations

Motion by: Madonna Burkit

Supported by: Cynthia McIlvain

Roll Call Vote Taken:

Cynthia McIlvain – Yes
Mary Ann Wertenberger – Yes
Madonna Burkit – Yes
Harry Grenawitzke – Yes

Don Spencer - Yes
Wayne Meehan - Yes
Pam Neadeau - Yes
Lary Gramlich – Yes

Motion carried.

Public Comment: None

Commission Members Comments:

Don Spencer: None

Larry Gramlich: N/A

Mary Ann Wertenberger: None

Mary Gantz: N/A

Madonna Burkit: None

Cynthia McIlvain: None

Wayne Meehan: None

Harry Grenawitzke: None

Pamela Nadeau: None

Adjournment:

Motion by: Wayne Meehan
Motion Carried.

Supported by: Cynthia McIlvain

The meeting was adjourned at 2:59p.m.

**The next Regular Board meeting takes place on Wednesday,
April 14, 2026 at 10:00 a.m. at the Monroe County Commission on Aging, 965
South Raisinville Road, Monroe, MI 48161.**

Amber Pancone, Recording Secretary



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Commission on Aging Strategic Planning Committee Notes May 6, 2026 10a.m. Commission on Aging Office

1. 2025 County Survey Comparison

- a. AgeWays Community Needs Survey Monroe County
- b. Monroe Center for Healthy Living
 - i. Recommendation: Following a comprehensive review of both surveys, the Strategic Planning Committee recommends that Monroe County senior citizen centers implement digital literacy training programs. These sessions should place a particular emphasis on ongoing fraud prevention to better protect the community.
 - ii. Recommendation: Furthermore, the Committee advises the Commission on Aging staff to maintain their current momentum regarding public awareness. This includes continuing both targeted and broad-based outreach efforts to ensure all county residents are informed about the various services supported by the senior millage.

2. Monroe County Commission on Aging Funding

- a. Application Procedures
 - i. Recommendation: The Strategic Planning Committee proposes several updates to the current application and has established a clear path for implementation. Under this plan, the Commission on Aging staff will prepare the initial drafts. These revisions will be refined through feedback from both the board and senior service directors to ensure all perspectives are considered before the full board grants final approval.

GL Number	Description	Original Budget	Amended Budget	ACTIVITY FOR 04/30/2026	YTD Balance 04/30/2026	Encumbered YTD 04/30/2026	Available Balance 04/30/2026	% Bgdt Used
101								
67200	COMMISSION ON AGING	157,240.00	157,240.00	11,188.00	51,225.85	0.00	106,014.15	32.58
101-67200-705000	SALARIES AND WAGES	6,000.00	6,000.00	875.00	1,150.00	0.00	4,850.00	19.17
101-67200-707200	BD/COM/AUTH PER DIEM	12,488.00	12,488.00	855.46	3,727.64	0.00	8,760.36	29.85
101-67200-715000	SOCIAL SECURITY	26,147.00	26,147.00	0.00	3,481.67	0.00	22,665.33	13.32
101-67200-716000	EMPLOYERS RETIREMENT	8,773.00	8,773.00	1,006.94	3,681.56	0.00	5,091.44	41.96
101-67200-716001	DC RETIREMENT	6,190.00	6,190.00	447.52	1,941.22	0.00	4,248.78	31.36
101-67200-716012	EMPLOYER-HCS	161.00	161.00	12.13	49.78	0.00	111.22	30.92
101-67200-717000	UNEMPLOYMENT INSURANCE	225.00	225.00	26.60	96.18	0.00	128.82	42.75
101-67200-718000	WORKERS COMPENSATION INSURANCE	35,200.00	35,200.00	1,951.80	7,777.24	0.00	27,422.76	22.09
101-67200-719000	HEALTH INSURANCE	207.00	207.00	12.27	42.93	0.00	164.07	20.74
101-67200-720000	LIFE INSURANCE	371.00	371.00	19.10	76.53	0.00	294.47	20.63
101-67200-721000	OPTICAL INSURANCE	1,752.00	1,752.00	103.18	414.96	0.00	1,337.04	23.68
101-67200-722000	DENTAL INSURANCE	1,058.00	1,058.00	65.40	255.62	0.00	802.38	24.16
101-67200-723000	DISABILITY INSURANCE	1,755.00	1,755.00	0.00	591.71	39.30	1,123.99	35.95
101-67200-728000	OFFICE SUPPLIES	500.00	500.00	0.00	0.97	0.00	499.03	0.19
101-67200-730000	POSTAGE AND MAILING FEES	1,600.00	1,600.00	0.00	1,851.40	0.00	(251.40)	115.71
101-67200-731000	COMPUTER EQUIP & SUPPLIES	3,250.00	3,250.00	582.91	768.38	0.00	2,481.62	23.64
101-67200-810020	BOARD MEMBERS TRAVEL	25,651.00	27,851.00	0.00	22,880.00	0.00	4,971.00	82.15
101-67200-814015	SOFTWARE LICENSE FEE	1,380.00	1,380.00	0.00	114.52	0.00	1,265.48	8.30
101-67200-814016	PAYROLL SERVICES	0.00	0.00	6.33	25.32	0.00	(25.32)	100.00
101-67200-818020	REFUSE HAULING & JANITORIAL	2,400.00	2,400.00	0.00	226.29	0.00	2,173.71	9.43
101-67200-826000	LEGAL AND PROFESSIONAL SERV	375.00	375.00	0.00	35.00	0.00	340.00	9.33
101-67200-830000	ASSOCIATION & MEMBERSHIP DUES	675.00	675.00	40.42	515.89	0.00	159.11	76.43
101-67200-851000	TELEPHONE	850.00	850.00	0.00	0.00	0.00	850.00	0.00
101-67200-861000	TRAVEL	300.00	300.00	0.00	0.00	0.00	300.00	0.00
101-67200-864000	CONFERENCE AND CONVENTION	100.00	100.00	0.00	0.00	0.00	100.00	0.00
101-67200-864080	CONF/CONVENTION BOARD MEMBERS	600.00	600.00	0.00	0.00	0.00	600.00	0.00
101-67200-900000	PRINTING AND IMAGING	1,852.00	1,852.00	124.03	596.77	0.00	1,255.23	32.22
101-67200-921000	ELECTRICITY	193.00	193.00	11.38	38.83	0.00	154.17	20.12
101-67200-922000	WATER AND SEWAGE	550.00	550.00	53.51	207.20	0.00	342.80	37.67
101-67200-923000	HEATING FUEL	100.00	100.00	0.00	0.00	0.00	100.00	0.00
101-67200-933000	MAINT-OFFICE EQUIP AND FURN	1,585.00	1,585.00	85.19	280.85	0.00	1,304.15	17.72
101-67200-942000	COPIER EXPENSE AND LEASE	2,630.00	2,630.00	190.08	824.52	0.00	1,805.48	31.35
101-67200-960001	GENERAL LIABILITY INSURANCE	16,873.00	16,873.00	0.00	0.00	0.00	16,873.00	0.00
101-67200-963000	CENTRAL SERVICES/INDIRECT COST	0.00	0.00	(35.94)	101.95	0.00	(101.95)	100.00
101-67200-981600	C.O.-FIXTURES,FURNITURE							
Total	67200 - COMMISSION ON AGING	319,031.00	321,231.00	17,621.31	102,980.78	39.30	218,210.92	32.07

GL Number	Description	2026 Original Budget	2026 Amended Budget	Activity For 04/30/2026	YTD Balance 04/30/2026	Encumbered YTD 04/30/2026	Available Balance 04/30/2026	% Bdg't Used
280								
96600 CONTINGENCIES		213,899.00	180,667.00	0.00	0.00	0.00	180,667.00	0.00
280-96600-969002 CONTINGENCY		213,899.00	180,667.00	0.00	0.00	0.00	180,667.00	0.00
Total 96600 - CONTINGENCIES								
97000 SPECIAL EXP/REV-OTHER AGENCIES								
280-97000-963000 CENTRAL SERVICES/INDIRECT COST		24,076.00	24,076.00	0.00	0.00	0.00	24,076.00	0.00
280-97000-965015 ASH SENIOR CITIZENS CENTER		24,330.00	24,330.00	3,345.03	8,348.28	0.00	15,981.72	34.31
280-97000-965020 RETIRED SENIOR VOLUNTEER PRGRM		99,750.00	99,750.00	7,124.48	25,026.21	0.00	74,723.79	25.09
280-97000-965025 AREA AGENCY ON AGING I-B		14,160.00	14,160.00	1,180.04	3,540.12	0.00	10,619.88	25.00
280-97000-965031 BEDFORD TRANSPORTATION		60,027.00	60,027.00	4,048.88	11,016.72	0.00	49,010.28	18.35
280-97000-965035 BEDFORD SENIOR CITIZEN CENTER		290,970.00	290,970.00	24,996.26	65,667.89	0.00	225,302.11	22.57
280-97000-965041 BEDFORD VET CENTER PANTRY		6,417.00	6,417.00	660.42	1,309.95	0.00	5,107.05	20.41
280-97000-965045 BERLIN SENIOR CITIZEN CENTER		31,966.00	31,966.00	2,565.81	6,304.23	0.00	25,661.77	19.72
280-97000-965065 DUNDEE SENIOR CITIZEN CENTER		282,000.00	282,000.00	25,102.50	63,739.50	0.00	218,260.50	22.60
280-97000-965071 EMERGENCY NEEDS		14,946.00	14,946.00	415.00	1,793.05	0.00	13,152.95	12.00
280-97000-965075 FRENCHTOWN SR CITIZEN CENTER		392,968.00	392,968.00	48,649.68	134,208.66	0.00	258,759.34	34.15
280-97000-965085 LAKE ERIE TRANSIT		243,100.00	243,100.00	29,695.60	78,596.10	0.00	164,503.90	32.33
280-97000-965088 THE OPPORTUNITY CENTER @ ALCC		117,000.00	117,000.00	9,837.00	28,750.50	0.00	88,249.50	24.57
280-97000-965091 SENIOR LEGAL SERVICES		280,674.00	280,674.00	23,812.02	64,705.92	0.00	215,968.08	23.05
280-97000-965097 CHOICES COUNSELING SOLUTIONS		99,000.00	124,740.00	11,609.40	38,618.25	0.00	86,121.75	30.96
280-97000-965105 M.C.O.P. HOME CARE SERVICE		144,000.00	144,000.00	12,260.00	35,935.00	0.00	108,065.00	24.95
280-97000-965106 RAMP PROGRAM		169,953.00	169,953.00	2,303.03	2,303.03	0.00	167,649.97	1.36
280-97000-965115 M.C.O.P. HOME CHORE		106,296.00	106,296.00	1,060.49	18,914.51	0.00	87,381.49	17.79
280-97000-965121 M.C.O.P. SPEC TRANSPORTATION		110,250.00	110,250.00	3,412.50	10,605.00	0.00	99,645.00	9.62
280-97000-965122 M.C.O.P. HOME INJURY CONTROL		7,000.00	7,000.00	1,124.20	2,690.86	0.00	4,309.14	38.44
280-97000-965123 M.C.O.P. FOOD DISTRIBUTION		174,270.00	174,270.00	17,983.00	51,082.40	0.00	123,187.60	29.31
280-97000-965125 M.C.O.P. RESOURCE ADVOCATE		182,020.00	182,020.00	10,332.03	36,921.32	0.00	145,098.68	20.28
280-97000-965135 LIFE NUTRITION PROGRAM		596,204.00	596,204.00	45,961.04	134,957.82	0.00	461,246.18	22.64
280-97000-965136 ZION LUTHERAN FOOD ASSISTANCE		0.00	5,292.00	0.00	0.00	0.00	5,292.00	0.00
280-97000-965141 ALZHEIMER PROGRAM		54,120.00	54,120.00	1,640.00	5,125.00	0.00	48,995.00	9.47
280-97000-965165 MONROE SENIOR CITIZEN CENTER		477,000.00	477,000.00	42,476.85	116,274.60	0.00	360,725.40	24.38
280-97000-965201 MILAN SENIOR MEALS ON WHEELS		22,154.00	22,154.00	0.00	2,011.44	0.00	20,142.56	9.08
280-97000-965205 EMERGENCY FUEL		15,450.00	15,450.00	1,611.16	4,013.38	0.00	11,436.62	25.98
280-97000-965215 MILAN SENIOR CENTER		79,173.00	79,173.00	0.00	8,698.95	0.00	70,474.05	10.99
280-97000-965216 MILAN SENIOR TRANSIT		25,440.00	25,440.00	0.00	6,259.88	0.00	19,180.12	24.61
280-97000-965220 MILAN SENIOR RESOURCE		23,150.00	23,150.00	0.00	1,974.00	0.00	21,176.00	8.53
280-97000-965221 AID IN MILAN		31,575.00	31,575.00	3,046.20	7,884.85	0.00	23,690.15	24.97
280-97000-965226 MEMORYLANE ADULT DAY CARE		114,000.00	114,000.00	0.00	0.00	0.00	114,000.00	0.00
280-97000-965340 YMCA CANCER SURVIVOR		9,344.00	9,344.00	849.41	2,548.23	0.00	6,795.77	27.27
280-97000-965380 YMCA		48,627.00	48,627.00	4,328.31	14,080.38	0.00	34,546.62	28.96
280-97000-965381 YMCA WALK WITH EASE		7,928.00	7,928.00	719.41	2,158.24	0.00	5,769.76	27.22
Total 97000 - SPECIAL EXP/REV-OTHER AGENCIES		4,379,338.00	4,410,370.00	342,149.75	996,064.27	0.00	3,414,305.73	22.58
97500 SPECIAL APPROP TO OTHER FUNDS								
280-97500-995101 TRANSFER OUT - GENERAL FUND		319,031.00	321,231.00	0.00	0.00	0.00	321,231.00	0.00
Total 97500 - SPECIAL APPROP TO OTHER FUNDS		319,031.00	321,231.00	0.00	0.00	0.00	321,231.00	0.00
Fund 280 - SENIOR CITIZENS FUND:								
TOTAL EXPENDITURES		4,912,268.00	4,912,268.00	342,149.75	996,064.27	0.00	3,916,203.73	20.28

GL Number	Description	2026 Original Budget	2026 Amended Budget	Activity For 04/30/2026	YTD Balance 04/30/2026	Encumbered YTD 04/30/2026	Available Balance 04/30/2026	% Bdg't Used
Fund: 280 SENIOR CITIZENS FUND								
96620	FUND BALANCE CARRYFORWARD							
280-96620-692001	FUND BALANCE CARRYFORWARD-REV							
Total 96620	- FUND BALANCE CARRYFORWARD	0.00	0.00	0.00	0.00	0.00	0.00	0.00
97000	SPECIAL EXP/REV-OTHER AGENCIES							
280-97000-402000	CURRENT PROPERTY TAXES	4,709,268.00	4,709,268.00	194,103.44	4,504,994.86	0.00	204,273.14	95.66
280-97000-415000	PRIOR YEAR TAX ADJUSTMENTS	(27,077.00)	(27,077.00)	(13.89)	(408.91)	0.00	(26,668.09)	1.51
280-97000-420000	DELINQUENT PROPERTY TAXES	3,500.00	3,500.00	642.70	796.40	0.00	2,703.60	22.75
280-97000-426020	OTH TAXES-PYMT IN LIEU OF TAX	7,500.00	7,500.00	0.00	5,919.30	0.00	1,580.70	78.92
280-97000-437000	INDUSTRIAL FACILITY TAX	15,827.00	15,827.00	0.00	24,580.03	0.00	(8,753.03)	155.30
280-97000-441000	LC STABIL SHARE TAX 2014 PA80	0.00	0.00	0.00	0.00	0.00	0.00	0.00
280-97000-445000	PENALTIES AND INTEREST ON TAXES	250.00	250.00	792.40	792.40	0.00	(542.40)	316.96
280-97000-569489	STATE GRANT-SBTE	0.00	0.00	0.00	2,900.53	0.00	(2,900.53)	100.00
280-97000-573000	LOCAL COMMUNITY STABILIZATION SHARE	200,000.00	200,000.00	0.00	105,341.58	0.00	94,658.42	52.67
280-97000-665000	INTEREST	2,000.00	2,000.00	0.00	22,608.75	0.00	(20,608.75)	1,130.44
280-97000-676070	SPECIAL REVENUE-REIMBURSEMENT	1,000.00	1,000.00	0.00	0.00	0.00	1,000.00	0.00
280-97000-677000	OTHER REVENUE-MISCELLANEOUS	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total 97000	- SPECIAL EXP/REV-OTHER AGENCIES	4,912,268.00	4,912,268.00	195,524.65	4,667,524.94	0.00	244,743.06	95.02
Fund 280 - SENIOR CITIZENS FUND:								
TOTAL REVENUES		4,912,268.00	4,912,268.00	195,524.65	4,667,524.94	0.00	244,743.06	95.02

COA Director's Report Items (05/13/26)

1. Common Measures Reports – Included in Packet
2. COA Website Views – Included in Packet
3. Waitlist/Service not Provided Summary – Included in Packet

Table A.
Cumulative Units Reported vs. Unit Maximum
(Goal is to be between 20% - 30%)

As of: March

Provider/Program	Cumulative Units	Unit Maximum	Percentage
Aid in Milan	15769.7	63,150.00	25%
Ash Senior Citizens	876.00	2,553.00	34%
Bedford Senior Community Center	13,539.75	59,994.00	23%
Bedford Twp. Veterans Center Pantry	1,408.40	6,900.00	20%
Berlin Township Senior Citizens Group	543.00	2,900.00	19%
Choices Counseling Solutions	234.05	756.00	31%
Dundee Area Senior Citizens Center	10,623.25	47,000.00	23%
Frenchtown Senior Citizens Center	18,111.85	53,000.00	34%
Health Van	468.00	2,550.00	18%
Lake Erie Transportation Commission	4,203.00	13,000.00	32%
Living Independence for Everyone	33,909.00	149,800.00	23%
MCOP-Food Assistance Program	127,706.00	435,675.00	29%
MCOP-Home Care	1,796.75	7,200.00	25%
MCOP-Home Chore	765.15	4,300.00	18%
MCOP-Home Injury Control	2,690.86	7,000.00	38%
MCOP-Opportunity Center at ALCC	3,194.50	13,000.00	25%
MCOP-Resource Advocacy	1,927.00	9,500.00	20%
MCOP-Specialized Transportation	404.00	4,200.00	10%
MCOP-Unmet Emergency Needs	1,793.05	14,946.00	12%
MCOP-Utility Assistance Program	4,013.38	15,450.00	26%
Memory Lane Care Services	62.50	660.00	9%
Milan Seniors for Healthy Living	2,726.25	14,395.00	19%
Milan Seniors Meals on Wheels	387.00	2,246.00	17%
Milan Seniors Transportation	287.00	669.49	43%
Milan Aging in Action - Resource	150.00	1,102.38	14%
Monroe County Senior Legal Services	643.20	2,790.00	23%
Monroe Family YMCA Cancer Survivorship	39.27	144.00	27%
Monroe Family YMCA Enhanced Fitness	316.20	918.00	34%
Monroe Family YMCA Walk With Ease	29.40	108.00	27%
Monroe Senior Citizens Center	24,845.00	101,924.00	24%
RSVP	14,300.25	57,000.00	25%
United Way Project Ramp of MC	2,303.03	169,952.96	1%

Table B.
Unduplicated Clients Served vs. Anticipated Clients Served
(Goal is to be at least 20%)

As of: March

Provider/Program	Cumulative Unduplicated Clients	Anticipated Clients Served	Percentage
Aid in Milan	107	200	54%
Ash Senior Citizens	86	140	61%
Bedford Senior Community Center	766	1,130	68%
Bedford Twp. Veterans Center Pantry	42	45	93%
Berlin Township Senior Citizens Group	62	95	65%
Choices Counseling Solutions	61	10	610%
Dundee Area Senior Citizens Center	302	560	54%
Frenchtown Senior Citizens Center	1,302	1,400	93%
Health Van	74	175	42%
Lake Erie Transportation Commission	273	550	50%
Living Independence for Everyone	681	1,160	59%
MCOP-Food Assistance Program	1,133	1,650	69%
MCOP-Home Care	80	150	53%
MCOP-Home Chore	211	400	53%
MCOP-Home Injury Control	28	90	31%
MCOP-Opportunity Center at ALCC	53	300	18%
MCOP-Resource Advocacy	542	1,800	30%
MCOP-Specialized Transportation	55	210	26%
MCOP-Unmet Emergency Needs	5	20	25%
MCOP-Utility Assistance Program	8	25	32%
Memory Lane Care Services	4	22	18%
Milan Seniors for Healthy Living	161	200	81%
Milan Seniors Meals on Wheels	8	35	23%
Milan Seniors Transportation	18	50	36%
Milan Aging in Action - Resource	47	25	188%
Monroe County Senior Legal Services	383	1,100	35%
Monroe Family YMCA Cancer Survivorship	7	18	39%
Monroe Family YMCA Enhanced Fitness	178	300	59%
Monroe Family YMCA Walk With Ease	11	100	11%
Monroe Senior Citizens Center	1,262	1,650	76%
RSVP	215	325	66%
United Way Project Ramp of MC	1	30	3%

Table C.
Actual Expenditures vs. Total Budget

March

As of:

Provider/Program	Actual Expenditures	Total Budget	Percentage
Aid in Milan	\$11,668.42	\$50,782.15	23%
Ash Senior Citizens	\$13,980.27	\$57,740.00	24%
Bedford Senior Community Center	\$122,516.58	\$501,960.00	24%
Bedford Twp. Veterans Center Pantry	\$1,092.12	\$6,417.00	17%
Berlin Township Senior Citizens Group	\$7,604.00	\$48,307.00	16%
Choices Counseling Solutions	\$26,052.44	\$99,693.35	26%
Dundee Area Senior Citizens Center	\$101,538.09	\$523,500.00	19%
Frenchtown Senior Citizens Center	\$106,541.00	\$490,918.00	22%
Health Van	\$63,875.72	\$265,968.00	24%
Lake Erie Transportation Commission	\$188,374.00	\$964,232.00	20%
Living Independence for Everyone	\$364,104.18	\$1,474,239.95	25%
MCOP-Food Assistance Program	\$129,114.92	\$347,578.16	37%
MCOP-Home Care	\$89,020.10	\$370,593.00	24%
MCOP-Home Chore	\$52,234.26	\$232,291.95	22%
MCOP-Home Injury Control	\$6,415.62	\$23,500.00	27%
MCOP-Opportunity Center at ALCC	\$37,675.41	\$146,250.00	26%
MCOP-Resource Advocacy	\$82,688.38	\$265,559.94	31%
MCOP-Specialized Transportation	\$75,693.12	\$409,081.00	19%
MCOP-Unmet Emergency Needs	\$2,804.08	\$17,370.08	16%
MCOP-Utility Assistance Program	\$28,933.16	\$32,874.08	88%
Memory Lane Care Services	\$19,898.33	\$83,260.00	24%
Milan Seniors for Healthy Living	\$17,608.49	\$124,245.24	14%
Milan Seniors Meals on Wheels	\$17,902.65	\$89,200.20	20%
Milan Seniors Transportation	\$17,536.09	\$103,588.28	17%
Milan Aging in Action - Resource	\$18,152.85	\$103,433.23	18%
Monroe County Senior Legal Services	\$108,021.82	\$369,999.00	29%
Monroe Family YMCA Cancer Survivorship	\$4,182.50	\$14,635.00	29%
Monroe Family YMCA Enhanced Fitness	\$16,734.00	\$59,094.00	28%
Monroe Family YMCA Walk With Ease	\$3,407.00	\$12,928.00	26%
Monroe Senior Citizens Center	\$175,413.00	\$810,961.94	22%
RSVP	\$45,733.31	\$196,192.00	23%
United Way Project Ramp of MC	\$2,303.03	\$169,952.96	1%

Table D.
Total Cost Per Unduplicated Client (Year to Date)
(Goal is to be less than 110% at year end)

As of: March

Provider/Program	Actual Expenses	Y-T-D Unduplicate d Clients Served	Cost Per Unduplicated Client	Total Budget	Anticipated Clients Served	Unduplicated Cost Goal	Percent
Aid in Milan	\$11,668.42	107	109.0506542	50782.15	200	\$253.91	43%
Ash Senior Citizens	\$13,980.27	86	\$162.56	\$57,740.00	140	\$412.43	39%
Bedford Senior Community Center	\$122,516.58	766	\$159.94	\$501,960.00	1,130	\$444.21	36%
Bedford Twp. Veterans Center Pantry	\$1,092.12	42	\$26.00	\$6,417.00	45	\$142.60	18%
Berlin Township Senior Citizens Group	\$7,604.00	62	\$122.65	\$48,307.00	95	\$508.49	24%
Choices Counseling Solutions	\$26,052.44	61	\$427.09	\$99,693.35	10	\$9,969.34	4%
Dundee Area Senior Citizens Center	101,538.09	302	\$336.22	\$523,500.00	560	\$934.82	36%
Frenchtown Senior Citizens Center	\$106,541.00	1,302	\$81.83	\$490,918.00	1,400	\$350.66	23%
Health Van	\$63,875.72	74	\$863.19	\$265,968.00	175	\$1,519.82	57%
Lake Erie Transportation Commission	\$188,374.00	273	\$690.01	\$964,232.00	550	\$1,753.15	39%
Living Independence for Everyone	\$364,104.18	681	\$534.66	\$1,474,239.95	1,160	\$1,270.90	42%
MCOP-Food Assistance Program	\$129,114.92	1,133	\$113.96	\$347,578.16	1,650	\$210.65	54%
MCOP-Home Care	\$89,020.10	80	\$1,112.75	\$370,593.00	150	\$2,470.62	45%
MCOP-Home Chore	\$52,234.26	211	\$247.56	\$232,291.95	400	\$580.73	43%
MCOP-Home Injury Control	\$6,415.62	28	\$229.13	\$23,500.00	90	\$261.11	88%
MCOP-Opportunity Center at ALCC	\$37,675.41	53	\$710.86	\$146,250.00	300	\$487.50	146%
MCOP-Resource Advocacy	\$82,688.38	542	\$152.56	\$265,559.94	1,800	\$147.53	103%
MCOP-Specialized Transportation	\$75,693.12	55	\$1,376.24	\$409,081.00	210	\$1,948.00	71%
MCOP-Unmet Emergency Needs	\$2,804.08	5	\$560.82	\$17,370.08	20	\$868.50	65%
MCOP-Utility Assistance Program	\$28,933.16	8	\$3,616.65	\$32,874.08	25	\$1,314.96	275%
Memory Lane Care Services	\$19,898.33	4	\$4,974.58	\$83,260.00	22	\$3,784.55	131%
Milan Seniors for Healthy Living	\$17,608.49	161	\$109.37	\$124,245.24	200	\$621.23	18%
Milan Seniors Meals on Wheels	\$17,902.65	8	\$2,237.83	\$89,200.20	35	\$2,548.58	88%
Milan Seniors Transportation	\$17,536.09	18	\$974.23	\$103,588.28	50	\$2,071.77	47%
Milan Aging in Action - Resource	\$18,152.85	47	\$386.23	\$103,433.23	25	\$4,137.33	9%
Monroe County Senior Legal Services	\$108,021.82	383	\$282.04	\$369,999.00	1,100	\$336.36	84%
Monroe Family YMCA Cancer Survivorship	\$4,182.50	7	\$597.50	\$14,635.00	18	\$813.06	73%
Monroe Family YMCA Enhanced Fitness	\$16,734.00	178	\$94.01	\$59,094.00	300	\$196.98	48%
Monroe Family YMCA Walk With Ease	\$3,407.00	11	\$309.73	\$12,928.00	100	129.28	240%
Monroe Senior Citizens Center	\$175,413.00	1,262	\$139.00	\$810,961.94	1,650	\$491.49	28%
RSVP	\$45,733.31	215	\$212.71	\$196,192.00	325	\$603.67	35%
United Way Project Ramp of MC	\$2,303.03	1	\$2.00	\$169,952.96	30	\$5,665.10	0.0%

Table E.**Actual Revenue vs. Total Budget**

(Goal is to be between 20% - 30%)

As of: March

Provider/Program	Actual Revenue	Total Budget	Percentage
Aid in Milan	\$8,352.59	\$50,782.15	16%
Ash Senior Citizens	\$11,249.07	\$57,740.00	19%
Bedford Senior Community Center	\$98,455.00	\$501,960.00	20%
Bedford Twp. Veterans Center Pantry	\$775.94	\$6,417.00	12%
Berlin Township Senior Citizens Group	\$10,127.36	\$48,307.00	21%
Choices Counseling Solutions	\$44,055.00	\$99,693.35	44%
Dundee Area Senior Citizens Center	\$112,856.97	\$523,500.00	22%
Frenchtown Senior Citizens Center	\$168,081.00	\$490,918.00	34%
Health Van	\$36,609.34	\$265,968.00	14%
Lake Erie Transportation Commission	\$217,916.51	\$964,232.00	23%
Living Independence for Everyone	\$238,832.46	\$1,474,239.95	16%
MCOP-Food Assistance Program	\$76,439.62	\$347,578.16	22%
MCOP-Home Care	\$84,945.23	\$370,593.00	23%
MCOP-Home Chore	\$46,780.36	\$232,291.95	20%
MCOP-Home Injury Control	\$6,639.00	\$23,500.00	28%
MCOP-Opportunity Center at ALCC	\$13,281.50	\$146,250.00	9%
MCOP-Resource Advocacy	\$42,657.88	\$265,559.94	16%
MCOP-Specialized Transportation	\$49,723.40	\$409,081.00	12%
MCOP-Unmet Emergency Needs	\$988.03	\$17,370.08	6%
MCOP-Utility Assistance Program	\$26,829.26	\$32,874.08	82%
Memory Lane Care Services	\$6,070.98	\$83,260.00	7%
Milan Seniors for Healthy Living	\$40,420.56	\$124,245.24	33%
Milan Seniors Meals on Wheels	\$32,001.26	\$89,200.20	36%
Milan Seniors Transportation	\$41,136.11	\$103,588.28	40%
Milan Aging in Action - Resource	\$27,752.75	\$103,433.23	27%
Monroe County Senior Legal Services	\$59,729.17	\$369,999.00	16%
Monroe Family YMCA Cancer Survivorship	\$1,224.48	\$14,635.00	8%
Monroe Family YMCA Enhanced Fitness	\$2,616.75	\$59,094.00	4%
Monroe Family YMCA Walk With Ease	\$1,249.68	\$12,928.00	10%
Monroe Senior Citizens Center	\$190,383.18	\$810,961.94	23%
RSVP	\$51,750.24	\$196,192.00	26%
United Way Project Ramp of MC	\$0.00	\$169,952.96	0%

Commission on Aging Web Page Views

Page location	Views
https://www.co.monroe.mi.us/204/Transportation-Services	146
https://www.co.monroe.mi.us/180/Commission-on-Aging	127
https://www.co.monroe.mi.us/195/In-Home-Services	77
https://www.co.monroe.mi.us/194/Health-Nutrition-Services	67
https://www.co.monroe.mi.us/205/Volunteer-Services	52
https://www.co.monroe.mi.us/192/Services	46
https://www.co.monroe.mi.us/199/Resource-Advocacy	18
https://www.co.monroe.mi.us/193/Adult-Day-Services	17
https://www.co.monroe.mi.us/200/Senior-Counseling-Services	15
https://www.co.monroe.mi.us/187/Former-Members	14
https://www.co.monroe.mi.us/197/Multi-Purpose-Senior-Centers	11
https://www.co.monroe.mi.us/201/Senior-Groups	10
https://www.co.monroe.mi.us/191/Service-Definitions	4
https://www.co.monroe.mi.us/203/Senior-Legal-Services	4
https://www.co.monroe.mi.us/182/By-Laws-Policies	2
TOTAL	610



Commission On Aging

www.co.monroe.mi.us/commonaging

A Division of the Monroe County
Community Planning & Engagement Department

965 South Raisinville Rd.
Monroe, MI 48161
734-240-3290

Fax: 734-240-3286
mccoa@monroemi.org

Mission Statement

The Monroe County Commission on Aging is charged with recommending the prudent spending of public dollars to promote the health, dignity, and independence of Monroe County residents sixty years of age and older.

Jason Berry
Director

Donald Spencer
Chair

Larry Gramlich
Vice-Chair

Mary Ann
Wertenberger
Secretary

Mary Gantz

Cynthia McIlvain

Wayne Meehan

Madonna Burkit

Pamela Nadeau

Harry Grenawitzke

To: Commission on Aging Board Members
From: Jason Berry
Date: May 13, 2026
RE: Waitlist/Requested Service Not Provided- April 2026

The following is a summary of all reported seniors placed or remaining on a waitlist and seniors requesting service that was not provided in April 2026: 30 Senior Citizens

United Way Project Ramp

As of April 2026, 5 ramps have been completed, with 30 more pending for local seniors.

Monroe County Local Study and the Mitchell Study (AgeWays) 2025 Analysis

Based on the 2025 Monroe County Local Study and the 2025 Mitchell Study (AgeWays), the following analysis provides a comparison of findings, a summary of community needs, and a strategic action plan for improvement.

I. Comparison and Contrast

A comparison of the 2025 Monroe County and AgeWays surveys reveals consistent demographic trends, though gender representation varied significantly—75% female in the Monroe County study versus an even split in the AgeWays data. Most seniors are retired, live in their own homes, and report high levels of independence.

Key differences emerge in home maintenance and information preferences. While Monroe County respondents expressed concern over external maintenance like snow removal, AgeWays respondents cited financial barriers as the primary obstacle to internal repairs. Regarding information, 76% of Monroe County respondents prefer mailed flyers, whereas 67% of AgeWays respondents utilize digital searches. Health assessments also differed; Monroe County seniors were more optimistic, while AgeWays respondents expressed higher anxiety regarding chronic conditions and fall risks.

II. Summary of Findings

- Independence vs. Assistance: 60% of seniors are independent, but 35–45% consider moving to avoid exterior maintenance tasks.
- Economic Barriers: Financial constraints are the primary cause for unaddressed home repairs (35%) and skipped dental care (9%).
- Mental and Emotional Health: Social isolation affects 18–29% of the population, with a segment of seniors lacking a nearby support network.
- Public Awareness: While 90% support senior services, 16% of non-users are simply unaware these services exist.

III. Action Items for Community Improvement

1. Home Maintenance and Safety:

- Expand chore services to include funded seasonal maintenance (snow and lawn care).
- Increase grants for minor home repairs and safety modifications, such as ramps and grab bars.

2. Targeted Healthcare Access:

- Senior Centers partner with mobile dental and hearing providers to offer onsite services onsite.
- Transportation providers establish a targeted outreach plan for the 5% of residents missing medical appointments.

3. Social Connectivity:

- Develop a "Check-In" volunteer network program using RSVP volunteers to reach isolated residents.
- Provide digital literacy training at senior centers to help residents navigate online resources safely.

4. Strategic Communication:

- Implement a multi-channel outreach strategy using both physical mailers and healthcare provider partnerships.
- Conduct community outreach to clarify how the Monroe County senior millage funds these essential services.



Area Agency on Aging 1-B



**AgeWays Community Needs Survey
Monroe County
(N=31,009 60 or Older Residents)
Conducted June 2-17, 2025
Aggregate Percentages Computed to Actual Population**

For each question with percentage responses, we have computed the number of people the percentages represent by applying the percentage to the respective population for the total sample and each county.

For questions with multiple response options (e.g., "check all that apply"), the provided sample sizes (N) for each option will be used where available, and we have calculated population estimates for percentages. If sample sizes are not provided for sub-options, we estimated based on the county's population and the percentage given.

Q2: In which county do you live?

- Monroe: 100% = 31,009 people (N=275)

Q5: What is your gender?

- Male: 48% = 14,884 people
- Female: 52% = 16,125 people

Q6: Do you have any of the following concerns about the condition of your home environment?

- Home in need of major repairs: 7% = 2,171 people (N=19)
- Home in need of minor repairs: 11% = 3,411 people (N=31)
- Not enough handrails or grab bars: 7% = 2,171 people (N=20)
- Stairways are unsafe: 4% = 1,240 people (N=12)
- Need a ramp: 3% = 930 people (N=7)

- Presence of mold: 2% = 620 people (N=6)
- Presence of insects or rodents: 4% = 1,240 people (N=11)
- Too cluttered, need to remove items: 7% = 2,171 people (N=19)
- Unsafe neighborhood: 1% = 310 people (N=3)
- Poor water quality: 4% = 1,240 people (N=10)
- No home safety concerns: 71% = 22,016 people (N=195)

Q7: If you checked yes to any of the above answers, what is the main reason the problem conditions have not been addressed?

- Population with home concerns: 8,993 people
- Can't afford to do it: 35% = 3,147 people
- Haven't gotten around to it: 25% = 2,248 people
- Not physically able to do it: 19% = 1,709 people
- Can't get someone to help me: 10% = 899 people
- I rent/Landlord's responsibility: 4% = 360 people
- Other reason: 14% = 1,259 people

Q8: Do you think your home needs additional safety features?

- Yes: 12% = 3,721 people (N=33)
- No: 88% = 27,288 people (N=242)

Q9: If yes, what safety features are needed in your home?

- Population needing safety features: 3,721 people
- Entrance ramp: 2% = 74 people (N=5)
- Railings near stairs: 4% = 149 people (N=11)
- Grab bars in bathroom: 7% = 260 people (N=19)
- Smoke detector: 2% = 74 people (N=5)
- Carbon monoxide detector: 3% = 112 people (N=8)
- Fire extinguisher: 2% = 74 people (N=6)
- Non-slip flooring: 0% = 0 people (N=1)
- Raised toilet seat: 3% = 112 people (N=8)
- Walk-in shower: 6% = 223 people (N=16)

Q10: How safe do you feel, or would you feel being out alone in your neighborhood during the day?

- Very safe: 84% = 26,048 people (N=231)
- Somewhat safe: 14% = 4,341 people (N=38)
- Somewhat unsafe: 2% = 620 people (N=6)
- Very unsafe: 0% = 0 people (N=0)

Q11: Do you have trouble getting transportation to the places you need to go?

- Yes: 7% = 2,171 people (N=20)
- No: 93% = 28,838 people (N=255)

Q12: Have you missed a medical appointment in the past 12 months due to lack of transportation?

- Yes: 5% = 1,550 people (N=14)
- No: 95% = 29,459 people (N=261)

Q13: What are your biggest health concerns?

- Fear of falling: 22% = 6,822 people (N=61)
- Paying for health care: 18% = 5,582 people (N=50)
- My weight: 24% = 7,442 people (N=65)
- Eating healthy food: 13% = 4,031 people (N=36)
- Managing my chronic condition: 25% = 7,752 people (N=69)
- Not able to do the things I enjoy: 20% = 6,202 people (N=55)
- Coping with pain: 20% = 6,202 people (N=55)
- Losing my independence: 20% = 6,202 people (N=55)
- Prescription medication: 10% = 3,101 people (N=28)
- Don't have any health concerns: 31% = 9,613 people (N=85)
- Other: 8% = 2,481 people (N=22)

Q14: What are the biggest social needs that impact your health?

- Not being able to access affordable housing: 10% = 3,101 people (N=28)
- Social isolation and loneliness: 18% = 5,582 people (N=50)
- Feeling unsafe in my daily life: 3% = 930 people (N=8)
- Mental health concerns: 12% = 3,721 people (N=33)
- Not being able to access transportation: 7% = 2,171 people (N=19)

- Concerns over income: 29% = 8,993 people (N=80)
- Lack of access to nutritious food: 6% = 1,861 people (N=16)
- Lack of physical activity: 26% = 8,062 people (N=72)
- Other: 39% = 12,094 people (N=107)

Q15: Where would you go if you needed medical attention?

- Doctor's office: 59% = 18,295 people (N=162)
- Urgent care: 17% = 5,272 people (N=47)
- Emergency room at a hospital: 17% = 5,272 people (N=47)
- Free clinic: 1% = 310 people (N=3)
- VA medical center: 4% = 1,240 people (N=11)
- Other: 4% = 1,240 people (N=11)

Q16: In the last 12 months, have there been times when you thought you should see a doctor, but you did NOT go?

- Yes: 18% = 5,582 people (N=50)
- No: 82% = 25,427 people (N=225)

Q17: What are the reasons you did not go?

- Population who didn't see a doctor: 5,582 people
- Not covered by my insurance: 4% = 223 people (N=11)
- I could not afford it: 5% = 279 people (N=14)
- I had no way of getting there: 3% = 167 people (N=8)
- I was too sick to go: 4% = 223 people (N=11)
- I was too afraid to go: 3% = 167 people (N=8)
- Won't take me as a patient: 1% = 56 people (N=3)
- Other: 7% = 391 people (N=19)

Q18: Do you have any problems with your teeth?

- Yes: 31% = 9,613 people (N=85)
- No: 69% = 21,396 people (N=190)

Q19: In the last 12 months, have there been times when you thought you should see a dentist to get your teeth checked but you did NOT go?

- Yes: 19% = 5,892 people (N=52)
- No: 81% = 25,117 people (N=223)

Q20: What are the reasons you did not go?

- Population who didn't see a dentist: 5,892 people
- Not covered by my insurance: 8% = 471 people (N=22)
- I could not afford it: 9% = 530 people (N=25)
- I had no way of getting there: 2% = 118 people (N=6)
- I was too sick to go: 1% = 59 people (N=3)
- I was too afraid to go: 3% = 177 people (N=8)
- Won't take me as a patient: 0% = 0 people (N=0)
- Other: 7% = 412 people (N=19)

Q21: In the last 12 months, have there been times when you thought you should get your hearing checked but you did NOT go?

- Yes: 13% = 4,031 people (N=36)
- No: 87% = 26,978 people (N=239)

Q22: What are the reasons you did not go?

- Population who didn't get hearing checked: 4,031 people
- Not covered by my insurance: 4% = 161 people (N=11)
- I could not afford it: 4% = 161 people (N=10)
- I had no way of getting there: 1% = 40 people (N=3)
- I was too sick to go: 1% = 40 people (N=3)
- I was too afraid to go: 1% = 40 people (N=3)
- Won't take me as a patient: 0% = 0 people (N=1)
- Other: 6% = 242 people (N=16)

Q23: Do you regularly participate in any physical activity for at least 20 or 30 minutes at a time?

- Yes: 72% = 22,326 people (N=198)
- No: 28% = 8,683 people (N=77)

Q24: How often do you normally experience pain?

- Constantly: 14% = 4,341 people (N=39)

- At times, every day: 21% = 6,512 people (N=58)
- Most days: 15% = 4,651 people (N=41)
- Less than four days per week: 13% = 4,031 people (N=36)
- Rarely: 37% = 11,473 people (N=101)

Q25: Which of the following ways do you usually manage your pain?

- Lifestyle (rest, exercise, healthy diet, stress management): 47% = 14,574 people (N=129)
- Non-drug techniques (meditation, acupuncture, massage, therapy): 16% = 4,961 people (N=44)
- Prescription or over-the-counter drugs: 56% = 17,365 people (N=154)
- Alcohol: 2% = 620 people (N=6)
- Marijuana: 7% = 2,171 people (N=19)
- Ice or heat: 31% = 9,613 people (N=85)
- Do nothing, live with the pain: 10% = 3,101 people (N=28)
- Other: 8% = 2,481 people (N=22)

Q26: How likely are you to use marijuana for your pain in the future?

- Very likely: 7% = 2,171 people (N=19)
- Likely: 11% = 3,411 people (N=30)
- Unlikely: 14% = 4,341 people (N=38)
- Very unlikely: 55% = 17,055 people (N=151)
- Don't know: 13% = 4,031 people (N=36)

Q27: How is your memory compared to the way it was 12 months ago?

- Much better: 2% = 620 people (N=6)
- Better: 3% = 930 people (N=8)
- About the same: 80% = 24,807 people (N=220)
- Worse: 13% = 4,031 people (N=36)
- Much worse: 1% = 310 people (N=3)

Q28: In general, would you say your mental or emotional health is:

- Excellent: 21% = 6,512 people (N=58)
- Very good: 35% = 10,853 people (N=96)

- Good: 29% = 8,993 people (N=80)
- Fair: 12% = 3,721 people (N=33)
- Poor: 3% = 930 people (N=8)

Q29: Are you worried that you may be addicted to any of the following substances?

- Tobacco: 6% = 1,861 people (N=16)
- Alcohol: 2% = 620 people (N=6)
- Opioids/narcotic pain medication: 1% = 310 people (N=3)
- Other prescription drugs: 1% = 310 people (N=3)
- Marijuana: 1% = 310 people (N=3)
- Sweet beverages: 6% = 1,861 people (N=16)
- Sweet foods: 14% = 4,341 people (N=38)
- Coffee, tea, or other caffeine drinks: 12% = 3,721 people (N=33)
- Illegal drugs: 0% = 0 people (N=0)
- No: 68% = 21,086 people (N=187)

Q30: If so, are you actively working to quit?

- Population worried about addiction (excluding "No"): $31,009 \times (1 - 0.68) = 9,923$ people
- Tobacco: 4% = 397 people (N=11)
- Alcohol: 1% = 99 people (N=3)
- Opioids/narcotic pain medication: 1% = 99 people (N=3)
- Other prescription drugs: 1% = 99 people (N=3)
- Marijuana: 1% = 99 people (N=3)
- Sweet beverages: 3% = 298 people (N=8)
- Sweet foods: 6% = 595 people (N=16)
- Coffee, tea, or other caffeine drinks: 5% = 496 people (N=13)
- Illegal drugs: 0% = 0 people (N=0)

Q31: If you answered no [to actively working to quit in Q30], why not?

- Total: 21,086 people
- Not ready to quit: 64% = 13,495 people (N=120)
- Don't know of any local programs: 3% = 633 people (N=6)

- Can't get to any programs: 0% = 0 people (N=0)
- Can't afford it: 2% = 422 people (N=4)
- Programs are not for seniors: 3% = 633 people (N=6)
- Tried before and was not successful: 22% = 4,639 people (N=44)

Q32: Thinking about how often you are in touch with friends, neighbors, and relatives, would you say it is...

- Not enough (Would like to do more): 28% = 8,683 people (N=77)
- About enough: 69% = 21,396 people (N=190)
- Too much: 3% = 930 people (N=8)

Q33: If you answered, "not enough," what are the obstacles or barriers?

- Population who answered, "Not enough": 8,683 people
- Mobility issues: 12% = 1,042 people (N=33)
- Lack of transportation: 5% = 434 people (N=14)
- Financial constraints: 16% = 1,389 people (N=44)
- Technology constraints: 2% = 174 people (N=6)
- Other (please specify): 60% = 5,210 people (N=165)

Q34: Do you have any family or friends living nearby who you can ask for help if you need it?

- Yes: 89% = 27,598 people (N=245)
- No: 11% = 3,411 people (N=30)

Q35: Is there someone you feel you can tell just about anything to; someone you can count on for understanding and advice?

- Yes: 88% = 27,288 people (N=242)
- No: 12% = 3,721 people (N=33)

Q36: Do you provide unpaid care to an adult relative or friend because of their injury, disability, or long-term illness?

- Helping with personal needs: 7% = 2,171 people (N=19)
- Household chores: 2% = 620 people (N=6)
- Managing finances: 3% = 930 people (N=8)
- Arranging for services: 2% = 620 people (N=6)
- Providing transportation: 5% = 1,550 people (N=14)

- Visiting regularly: 7% = 2,171 people (N=19)
- Other types of assistance: 5% = 1,550 people (N=14)
- No: 97% = 30,079 people (N=267)

Q37: If yes, how many hours per week do you spend on caregiving responsibilities to an adult relative or friend?

- Population providing unpaid care: 930 people (estimated based on 3% of 31,009, as "No" is 97%)
- 1-5 hours per week: 60% = 558 people (N=165)
- 6-10 hours per week: 15% = 140 people (N=41)
- 11-15 hours per week: 5% = 47 people (N=14)
- 16 or more hours per week: 20% = 186 people (N=55)

Q38: If yes, do you feel like you have enough support to achieve your caregiving duties?

- Population providing unpaid care: 930 people
- Yes: 80% = 744 people (N=220)
- No: 20% = 186 people (N=55)

Q39: If no, what are some supports and services that would help you in your caregiving responsibilities?

- Population who answered "No": 186 people
- Access to respite care: 2% = 4 people (N=1)
- Help finding resources: 15% = 28 people (N=4)
- More experienced caregiver: 3% = 6 people (N=1)
- Financial assistance: 13% = 24 people (N=4)
- Mental health assistance: 4% = 7 people (N=1)
- Support groups: 10% = 19 people (N=3)
- Other (please specify): 50% = 93 people (N=14)

Q40: Are any of the following true? [CHECK ALL THAT APPLY]

- Someone hurts me: 0% = 0 people (N=0)
- Someone scolds or threatens me: 1% = 310 people (N=3)
- I am afraid of someone: 1% = 310 people (N=3)
- Someone touches me without my consent: 0% = 0 people (N=0)

- Taking things from me without asking: 1% = 310 people (N=3)
- Prepare my food but is not doing it: 0% = 0 people (N=0)
- Help me get dressed but is not doing it: 0% = 0 people (N=0)
- Clean my living space but is not doing it: 1% = 310 people (N=3)
- Sort medication but is not doing it: 0% = 0 people (N=0)
- Help me with other things but is not doing it: 2% = 620 people (N=6)
- I feel that I am being abused or neglected: 1% = 310 people (N=3)
- I have another fear or concern about my safety: 3% = 930 people (N=8)
- None: 89% = 27,598 people (N=245)

Q41: Where would you seek information about aging or healthcare resources, services, or benefits? [CHECK ALL THAT APPLY]

- TV: 19% = 5,892 people (N=52)
- Radio: 7% = 2,171 people (N=19)
- Newspapers: 8% = 2,481 people (N=22)
- Magazines: 9% = 2,791 people (N=25)
- Flyers, posters, and billboards: 1% = 310 people (N=3)
- Mail delivered to my home: 16% = 4,961 people (N=44)
- Senior Center: 27% = 8,372 people (N=74)
- Doctor or Healthcare provider: 64% = 19,846 people (N=176)
- Internet search: 67% = 20,776 people (N=184)
- Social media (Facebook, Twitter, Pinterest, etc.): 21% = 6,512 people (N=58)
- Friends and family: 54% = 16,745 people (N=148)
- Library: 14% = 4,341 people (N=38)
- Other (please specify): 7% = 2,171 people (N=19)

Q42: Have you used any of these types of services in the past year? [CHECK ALL THAT APPLY]

- Internet (web, e-mail): 83% = 25,737 people (N=228)
- Social media such as Facebook: 65% = 20,156 people (N=179)
- Ride Sharing Service such as Uber or Lyft: 17% = 5,272 people (N=47)
- Grocery Delivery Service: 21% = 6,512 people (N=58)

- Call for Help Button: 2% = 620 people (N=6)
- Fitness Center: 25% = 7,752 people (N=69)
- Senior Center: 13% = 4,031 people (N=36)
- Public Transportation: 7% = 2,171 people (N=19)
- Assistance paying utilities: 3% = 930 people (N=8)
- None: 9% = 2,791 people (N=25)

Q43: Select the activities below that pose a serious challenge for you. [CHECK ALL THAT APPLY]

- Walking or climbing stairs: 25% = 7,752 people (N=69)
- Dressing or bathing: 4% = 1,240 people (N=11)
- Snow removal: 23% = 7,132 people (N=63)
- Lawn mowing/yard care: 18% = 5,582 people (N=50)
- Getting in and out of cars: 5% = 1,550 people (N=14)
- Social involvement: 3% = 930 people (N=8)
- Seeing clearly: 8% = 2,481 people (N=22)
- Hearing clearly: 11% = 3,411 people (N=30)
- Preparing meals: 5% = 1,550 people (N=14)
- House cleaning: 16% = 4,961 people (N=44)
- Using the telephone: 1% = 310 people (N=3)
- Using other technology: 7% = 2,171 people (N=19)
- Concentration, memory, or making decisions: 7% = 2,171 people (N=19)
- Shopping and running errands alone: 3% = 930 people (N=8)
- Managing finances or paying bills: 9% = 2,791 people (N=25)
- Household maintenance or repair: 16% = 4,961 people (N=44)
- Managing my health or medications: 8% = 2,481 people (N=22)
- Caring for a grandchild: 2% = 620 people (N=6)
- Caring for a sick or disabled adult child, spouse, or parent: 2% = 620 people (N=6)

Q44: What do you believe is the biggest unmet need faced by older adults in your community?

- Food or nutritious food options: 5% = 1,550 people (N=14)
- Door-to-door transportation: 4% = 1,240 people (N=11)

- Information about senior services: 7% = 2,171 people (N=19)
- Home maintenance assistance: 8% = 2,481 people (N=22)
- Affordable housing: 13% = 4,031 people (N=36)
- Home care assistance: 7% = 2,171 people (N=19)
- Social support: 5% = 1,550 people (N=14)
- Mental health access: 2% = 620 people (N=6)
- Technology support: 4% = 1,240 people (N=11)
- Don't know: 28% = 8,683 people (N=77)
- Other (please specify): 5% = 1,550 people (N=14)

Q45: In the last 12 months, did you have a need for any of the services listed below, even if you did not actually use the service? [CHECK ALL THAT APPLY]

- Help coordinating your health care: 9% = 2,791 people (N=25)
- Chore services: 19% = 5,892 people (N=52)
- Group meals: 1% = 310 people (N=3)
- Health and wellness classes: 9% = 2,791 people (N=25)
- Exercise programs for seniors: 16% = 4,961 people (N=44)
- Food pantries or food bank: 7% = 2,171 people (N=19)
- Help paying for medical equipment: 2% = 620 people (N=6)
- Home Delivered meals: 4% = 1,240 people (N=11)
- Home safety modifications: 8% = 2,481 people (N=22)
- Homemaker/housekeeping: 11% = 3,411 people (N=30)
- Information and assistance: 13% = 4,031 people (N=36)
- Legal services: 10% = 3,101 people (N=27)
- Medicare/Medicaid counseling: 10% = 3,101 people (N=27)
- Money management: 8% = 2,481 people (N=22)
- Personal care: 3% = 930 people (N=8)
- Respite and other services: 5% = 1,550 people (N=14)
- Senior center activities and services: 10% = 3,101 people (N=27)
- Alzheimer's/dementia services: 3% = 930 people (N=8)

- Visiting nurse or physician services: 6% = 1,861 people (N=16)
- None: 41% = 12,714 people (N=113)

Q46: Are you confident that you are currently receiving all of the public and private benefits that you are eligible for?

- Yes: 58% = 17,985 people (N=159)
- No: 19% = 5,892 people (N=52)
- Not sure: 23% = 7,132 people (N=63)

Q47: If you answered no or not sure, what benefits do you think you may qualify for but are not receiving? [CHECK ALL THAT APPLY]

- Population who answered "No" or "Not sure": 13,024 people (N=115)
- Home repair or modification: 20% = 2,605 people (N=23)
- Home-delivered meals: 30% = 3,907 people (N=34)
- Veterans' benefits: 4% = 521 people (N=13)
- Property tax relief or foreclosure prevention: 6% = 781 people (N=20)
- Free cell phone: 9% = 1,172 people (N=26)
- SNAP/food stamps/Bridge card: 5% = 651 people (N=16)
- Medication discounts: 12% = 1,563 people (N=30)
- Medicaid: 4% = 521 people (N=13)
- Medicare premium payment assistance: 6% = 781 people (N=17)
- Food pantry delivery or Project Fresh: 3% = 391 people (N=9)
- Reverse mortgage counseling: 2% = 260 people (N=6)
- Home energy weatherization: 9% = 1,172 people (N=24)
- Tax preparation and filing assistance: 7% = 912 people (N=21)
- Job training or employment assistance: 2% = 260 people (N=5)
- Medicare/health insurance counseling: 11% = 1,433 people (N=30)
- Section 8 housing vouchers: 4% = 521 people (N=15)
- Social Security or SSI: 9% = 1,172 people (N=27)
- Pensions: 3% = 391 people (N=9)

Q48: What is your marital status?

- Now married: 55% = 17,055 people (N=151)
- Widowed: 15% = 4,651 people (N=41)
- Divorced: 24% = 7,442 people (N=66)
- Separated: 1% = 310 people (N=3)
- Never married: 5% = 1,550 people (N=14)

Q49: What is your highest education level?

- Less than high school diploma: 3% = 930 people (N=8)
- High school diploma: 17% = 5,272 people (N=47)
- Some college: 28% = 8,683 people (N=77)
- Bachelor's degree: 25% = 7,752 people (N=69)
- Post-grad/advanced degree: 27% = 8,372 people (N=74)

Q50: What is your race?

- American Indian or Alaskan Native: 1% = 310 people (N=3)
- Asian: 2% = 620 people (N=6)
- Black or African American: 5% = 1,550 people (N=14)
- White/Caucasian: 89% = 27,598 people (N=245)
- Native Hawaiian/Other Pacific Islander: 0% = 0 people (N=0)
- Other Race: 3% = 930 people (N=8)

Q51: Are you Spanish, Hispanic, or Latino?

- Yes: 3% = 930 people (N=8)
- No: 97% = 30,079 people (N=267)

Q52: Where is your home located? Would you say...

- In a city: 28% = 8,683 people (N=77)
- In a suburban area: 50% = 15,505 people (N=138)
- In a rural area: 22% = 6,822 people (N=60)

Q53: How many people live in your household, including yourself?

- 1: 33% = 10,233 people (N=91)
- 2: 50% = 15,505 people (N=138)
- 3: 10% = 3,101 people (N=27)

- 4: 5% = 1,550 people (N=14)
- 5+: 2% = 620 people (N=6)

Q54: Are you currently responsible for raising any of your grandchildren?

- Yes: 3% = 930 people (N=8)
- No: 97% = 30,079 people (N=267)

Q55: Thinking about the total combined income from all sources for all persons in your household, was your total household annual income during the last 12 months above or below \$31,175?

- Below \$31,175: 20% = 6,202 people (N=55)
- Above \$31,175: 80% = 24,807 people (N=220)

Q56: Which category best describes your total household annual income during the last 12 months? (Below \$31,175 subset)

- Population with income below \$31,175: 6,202 people (N=55)
- \$6,000 or less: 18% = 1,116 people (N=10)
- \$6,001 - \$12,490: 11% = 682 people (N=6)
- \$12,491 - \$16,910: 15% = 930 people (N=8)
- \$16,911 - \$18,735: 5% = 310 people (N=3)
- \$18,736 - \$21,330: 11% = 682 people (N=6)
- \$21,331 - \$25,365: 13% = 806 people (N=7)
- \$25,366 - \$31,175: 29% = 1,799 people (N=16)

Q57: Which category best describes your total household annual income during the last 12 months? (Above \$31,175 subset)

- Population with income above \$31,175: 24,807 people (N=220)
- \$31,176 - \$32,000: 5% = 1,240 people (N=11)
- \$32,001 - \$38,625: 8% = 1,985 people (N=18)
- \$38,626 - \$45,000: 7% = 1,736 people (N=15)
- \$45,001 - \$50,000: 10% = 2,481 people (N=22)
- Over \$50,000: 70% = 17,365 people (N=154)

Q58: Which of the following statements best describes your financial situation?

- Comfortably pay my bills: 49% = 15,194 people (N=135)
- Careful about my spending: 41% = 12,714 people (N=113)

- Trouble paying my bills: 10% = 3,101 people (N=27)

Q59: Do you carry any personal debt, not including a mortgage or car loan?

- No, I have no debt: 54% = 16,745 people (N=148)
- Yes, less than \$1,000: 6% = 1,861 people (N=16)
- Yes, between \$1,000 and \$5,000: 13% = 4,031 people (N=36)
- Yes, between \$5,000 and \$10,000: 9% = 2,791 people (N=25)
- Yes, more than \$10,000: 18% = 5,582 people (N=50)

Q60: Are you behind on any of these debt payments?

- Population with any personal debt: 14,264 people (N=127)
- Utilities (water, gas, electric): 0% = 0 people (N=15)
- Medical bills: 10% = 1,426 people (N=31)
- Credit cards: 16% = 2,282 people (N=44)
- Student loans: 3% = 428 people (N=8)
- Personal loans: 5% = 713 people (N=13)
- Other debt: 3% = 428 people (N=8)
- Not behind on any debt payments: 71% = 10,127 people (N=89)

Monroe County Survey Results

Question Number	Question	Mitchell Study 2025		2025 Local		2015 Wayne State	
		Number	Percent	Number	Percent	Number	Percent
1	What is your sex?						
	Male	146	50%	106	25%	386	44%
	Female	146	50%	307	75%	496	56%
	Prefer not to answer			5		77	
		292		418		959	
2	What is your age in years?						
	55 to 59			44	11%	N/A	N/A
	60 to 64	55	19%	53	13%	196	22%
	65 to 69	61	21%	100	23%	241	27%
	70 to 74	67	23%	93	22%	177	20%
	75 to 79	48	16%	62	15%	128	14%
	80 to 84	61	21%	39	9%	82	9%
	85 to 89			19	5%	55	6%
	90 or older			8	2%	19	2%
3	What is your race?						
	White / Causasian			393	94%	896	97.0%
	Black / African American			7	2%	9	1.0%
	Hispanic			2	0.25%	8	0.9%
	Two or more races			4	1%	7	0.8%
	Other			3	1%	4	0.4%
	Prefer not to answer			8	2%	0	0.0%
4	What is your housing situation?						
	I live in my own home			348	82%	842	91%
	I live in an apartment			50	12%	72	8%
	I live with others in their home			15	4%		0%
	I live in assisted living / nursing home			3	1%	12	1%
	I'm currently homeless			1	0.50%		0%
5	How many people live with you?						
	Myself only			143	34%	140	19%
	Myself and one other			226	55%	475	65%
	Myself and two others			26	6%	71	10%
	Myself and three others			14	3%	28	4%
	Myself and four others			7	3%	13	2%
6	What Zip Code do you reside in?						
	48117			19	5%	57	6%
	48131			14	4%	25	3%
	48133			11	3%	31	3%
	48145			7	2%	83	9%
	48157			5	1%	2	0%
	48159			2	1%	9	1%
	48161			86	24%	100	10%

48162				126	36%		154	16%
48166				26	7%		43	4%
48179				5	1%		25	3%
48182				36	10%		129	13%
49270				7	2%		33	3%
Other				9	3%		268	28%

How many years have you live in Monroe

7 County?

Less than 10				Mean 43.2 years Median 41.5 years		Mean 47 years
11 to 20						
21 to 30						
31 to 40						
41 to 50						
More than 50 years						

8 What is your current marital status?

Married				240	58%		657	71%
Separated				5	1%		3	0%
Never Married				23	6%		49	5%
Widowed				81	19%		152	16%
Divorced				68	16%		63	7%

9 What is your work status?

Work full time				57	14%		88	10%
Retired				306	73%		658	72%
Disabled / SSDI				21	5%		23	3%
Work part time				28	7%		140	15%
Never worked				3	1%		11	1%

10 What is your highest level of education?

Less than 8th grade /no high school diploma				2	0.10%		113	12%
High School Diploma				142	34%		291	32%
GED				14	2.90%			
Some College / Two-year degree				103	26%		271	30%
Four-year degree				76	18%		121	13%
Post graduate degree				78	19%		117	13%

What is your income - one person household

11

\$15,060 or less (100% of poverty)				17	10%		41	5%
\$15,061 to \$18,825 (125% of poverty)				17	10%		65	8%
\$18,826 to \$22,590 (150% of poverty)				20	11%		69	9%
\$22,591 to \$26,355 (175% of poverty)				9	5%		68	8%
\$26,356 to \$30,120 (200% of poverty)				16	9%		78	10%
\$30,121 or greater				97	55%		489	60%

What is your income - two person**household**

\$20,440 or less (100% of poverty)	96	32.90%		19	11%		Only asked household income
\$20,441 to \$25,550 (125% of poverty)				16	9%		
\$25,551 to \$30,660 (150% of poverty)				13	7%		
\$30,661 to \$35,770 (175% of poverty)				20	11%		
\$35,771 to \$40,880 (200% of poverty)	196	67.10%		12	7%		
\$40,881 or greater				100	55%		

Do you financially support others?

Adult children				46	52%		132	14%
Grandchildren				17	19%			
Others				36	41%			

Do you drive and have access to a vehicle?

Yes	246	84.20%		367	90%		869	93%
No	46	15.80%		42	10%		64	7%

In the last 12 months, how much of a problem have you had with driving or getting a ride to places you want to go?

Major problem				12	3%		13	1%
Moderate problem				37	9%		59	6%
Not a problem				358	87.5%		860	92%
Don't know				1	0.50%		N/A	

In the last 12 months, how much of a problem have you had with getting in and out of cars or other vehicles?

Major problem	16	5.50%		12	3%		12	1%
Moderate problem				72	18%		253	27%
Not a problem				327	79%		671	72%
Don't know				0	0			

In the last 12 months, how many times have you used public transportation?

Daily				2	0.50%		5	1%
Weekly				13	2.50%		2	0%
Monthly				7	2%		5	1%
Two to six times a year				14	3%		24	3%
Never				376	92%		903	96%

Do you have access to a computer with internet and email?

Yes	228	78%		359	88%		740	79%
No	64	22%		51	12%		292	21%

- 19 **Are you a member of a social club, community organization, or church group?**

Yes				278	68%		559	60%
No				132	32%		361	40%

- 20 **How many groups to you belong to?**

None				6	2%			
One or Two				163	59%			
Three or Four				85	31%			
Five or More				23	8%			

- 21 **During a typical week, how many hours do you spend participating in a social club, community organization, or church group?**

Less than one hour				23	10%		534	58%
One to two hours				79	29%		192	21%
Three to five hours				89	32%		140	15%
Six to 12 hours				60	22%		39	4%
More than 12 hours				18	7%		23	2%

- 22 **During a typical week, how many hours to you spend volunteering for a charity of community group?**

Less than one hour				125	47%		647	70%
One to two hours				67	25%		146	16%
Three to five hours				53	20%		79	9%
Six to 12 hours				14	5%		37	4%
More than 12 hours				8	3%		13	1%

- 23 **In the last 12 months, how much of a problem have you had finding interesting and meaningful volunteer work?**

Major problem				6	2%		18	2%
Moderate problem				31	8%		106	12%
Not a problem				251	65%		752	86%
Don't know				96	25%			

- 24 **During a typical week, about how many hours do you spend visiting with family or friends in person or talking with family or**

Not applicable				9	2%		24	3%
Less than one hour				42	10%		293	31%
One to two hours				69	17%		349	37%
Three to five hours				131	33%		153	16%
Six to 12 hours				91	22%		69	7%
More than 12 hours				66	16%		46	5%

- 25 During a typical week, about how many hours do you spend communicating with family or friends via text, social media, or email?

Not applicable				33	8%			
Less than one hour				79	20%			
One to two hours				118	30%			
Three to five hours				101	25%			
Six to 12 hours				45	11%			
More than 12 hours				25	6%			

- 26 How would you rate your social activity level?

Excellent	21	7.20%		71	17%		181	20%
Good	219	75%		175	43%		442	48%
Fair	50	17%		108	27%		203	22%
Poor				32	8%		71	8%
Very Poor				20	5%		23	3%

- 27 Do you have family, friends, or neighbors who live nearby that you can ask for help?
(Check all that apply.)

Family	260	89%		305	75%		793	84%
Friends				256	63%			
Neighbors				230	57%			
No one is nearby to help				26	6%		150	16%

- 28 During a typical week, how many hours do you spend on hobbies?

Not applicable				42	10%		243	27%
Less than one hour				55	14%		220	24%
One to two hours				81	20%		220	24%
Three to five hours				127	32%		139	15%
Six to 12 hours				58	14%		43	5%
More than 12 hours				40	10%		46	5%

- 29 During a typical week, how many hours do you spend engaging in moderate exercise or physical activity, including walking?

Not applicable				11	3%		103	11%
Less than one hour				70	17%		316	34%
One to two hours				67	17%		290	31%
Three to five hours				143	35%		131	14%
Six to 12 hours				94	23%		48	5%
More than 12 hours				19	5%		46	5%

30 **How would you rate your physical activity level?**

Excellent				32	8%		150	16%
Good				173	43%		416	45%
Fair				130	32%		251	27%
Poor				48	12%		86	9%
Very Poor				20	5%		21	2%

31 **In the last 12 months, I have had problems with: (Check all that apply)**

Getting out of bed, bathing, or dressing				35	16%		124	13%
Losing balance / stumbling while walking				87	39%		241	26%
Falling or injuring yourself in your home	67	23%		35	16%		120	13%
Housecleaning / light chores inside your home				59	27%		312	21%
Maintenance work or repairs inside your home	44	15%		81	37%		318	35%
Maintaining the exterior of your home				82	37%		366	40%
Mowing the lawn or maintaining the yard	61	21%		89	40%		269	30%
Removing snow in the winter time	79	27%		78	35%		333	27%
Lifting or bending over to pick up objects				80	36%		336	36%
Climbing stairs in or around your home	85	29%		77	35%		291	32%
Cooking or preparing meals				25	11%		110	12%
Managing medications				14	6%		52	6%

32 **Compared to other people your age, how would you rate your physical health?**

Excellent	214	73.20%		75	19%		189	20%
Good				219	54%		504	54%
Fair	68	23.60%		84	21%		177	19%
Poor	10	3.10%		19	5%		44	5%
Very Poor				7	2%		11	1%

33 **How would you rate your overall quality of life?**

Excellent				99	25%		250	27%
Good				214	54%		533	58%
Fair				66	17%		116	13%
Poor				17	4%		17	2%
Very Poor				4	1%		3	0.3%

34 In the last 12 months, I have had problems with: (Check all that apply.)

My physical health	201	69%		107	42%		458	49%
Having health issues or pain that prevents me from doing what I want to do	88	30%		155	60%		456	49%
Getting enough exercise	99	34%		138	54%		342	27%
Having enough food to eat				10	4%		41	4%
Maintaining a healthy diet				59	23%		172	19%
Getting the dental care I need	82	28%		25	10%		119	13%
Getting the vision care I need				16	6%		111	12%
Getting the hearing care I need	55	19%		10	4%		96	11%
Getting overall healthcare				15	6%		89	10%

35 How would you rate your emotional health?

Excellent				98	24%		246	27%
Good				206	51%		502	55%
Fair				85	21%		143	16%
Poor				14	3%		25	3%
Very Poor				3	1%		5	1%

36 In the last 12 months, I have had problems with: (Check all that apply.)

My mental or emotional health				49	24%		186	20%
Feeling blue, sad, or depressed				94	45%		282	30%
Feeling lonely, left out, or isolated from others	55	19%		61	29%			
Feeling worried or fearful				77	37%		281	30%
Grieving or mourning the loss of a loved one	79	27%		75	36%		284	30%
Feeling confused or forgetful				38	18%		195	21%
Concentrating or making decisions				39	19%		166	18%
Finding meaning or purpose in my life				46	22%		147	16%
Being a victim of crime, fraud or a scam				11	5%		56	6%
Feeling safe in my neighborhood and community	50	17%		16	8%		107	12%
Finding meaningful or productive activities				32	15%			
Feeling respected and valued in my community				19	9%		80	9%
Feeling stress over not having enough money for food, medicine, daily expenses	38	13%		45	22%		137	15%

37 During a typical week, how many hours do family members or friends spend helping you with cooking, shopping, cleaning or other household chores?

Not applicable				259	65%		751	81%
One hour or less				71	18%		77	8%
Two to five hours				41	10%		49	5%
Six to 12 hours				19	5%		21	2%
More than 12 hours				11	3%		31	3%

38 During a typical week, how many hours do family members or friends spend helping you with bathing, dressing, or other personal care?

Not applicable				379	95%		884	95%
One hour or less				7	2%		19	2%
Two to five hours				6	2%		3	0%
Six to 12 hours				3	1%		8	1%
More than 12 hours				4	1%		12	1%

YOU spend helping friends or family³⁹ members with cooking, shopping, cleaning, or other household chores?

Not applicable				257	64%		243	27%
One hour or less	155	53%		61	15%		355	39%
Two to five hours				52	13%		170	19%
Six to 12 hours				15	4%		68	8%
More than 12 hours	44	15%		16	4%		63	7%

40 During a typical week, how many hours do YOU spend helping friends or family members with bathing, dressing, or other personal care?

Not applicable				351	88%		707	76%
One hour or less				24	6%		117	13%
Two to five hours				13	3%		50	5%
Six to 12 hours				6	2%		22	2%
More than 12 hours				3	1%		30	3%

41 In the last 12 months, I have had problems with: (Check all that apply)

Feeling physically strained by caring for a child, spouse or parent				34	47%		149	17%
Feeling mentally or emotionally stressed by caring for a child, spouse, or parent				53	74%		200	23%
Feeling financially burdened by caring for a child, spouse, or parent				18	25%		83	10%

Getting a break from caregiving occassionally				23	32%		82	10%
Getting advice, information, and support for myself as a caregiver				19	26%		62	7%

Are you are that Monroe County has a senior millage?

42

Yes				288	73%			
No				106	27%			

Which of the following services have you used: (Check all that apply.)

43

Ash Senior Citizens				4	1%			
Bedford Senior Community Center				19	5%			
Choices Counseling Services				3	1%			
Dundee Senior Citizens Center				13	3%			
Frenchtown Center for Active Adults				94	25%			
Frenchtown Adult Day Care				5	1%			
Health Van (Bedford)				8	2%			
Lake Erie Transit				27	7%			
Living Independence for Everyone				5	1%			
Memory Lane Care Services				6	2%			
Milan Seniors for Healthy Living				9	2%			
Monroe Center for Healthy Aging				63	16%			
Monroe County Opportunity Program				26	7%			
MCOP Opportunity Center				39	10%			
Monroe Senior Legal Services				31	8%			
YMCA EnhanceFitness				32	8%			
RSVP of Monroe County				27	7%			
United Way Ramp Program				6	2%			
I have not used any of these				152	40%			

In the last 12 months, about how many times have you attended senior centers or activity programs?

44

Attended -- Yes	35	12%						
Never				224	57%		789	84%
2 - 6 times per year				52	13%		73	8%
Monthly				21	5%		41	4%
Weekly				70	18%		13	1%
Daily				26	7%		22	2%

If you have used the services: (Check all that apply.)

45

The service(s) improved the quality of my life.				98	59%			
I feel healthier since using the service(s).				80	48%			
The services(s) helped me feel more secure.				27	16%			

I feel less lonely since receiving the service(s).				46	28%			
I feel happier since receiving the service(s).				69	42%			
The service(s) make it easier for the family and friends who help me.				15	9%			
I may not be able to stay in my own home without the senior service(s) I receive.				5	3%			
I am more likely to stay in Monroe County because of the services available to me.				48	29%			
I would recommend the services to others.				125	75%			

If you DO NOT use any of the list services, please tell us why not. (Check all that apply.)

46

I still work.				66	24%			
I'm currently taking care of my grandchildren.				14	5%			
I am not aware of the service(s).	24	8.20%		44	16%			
I've heard about the services, but don't know how to access them.				22	8%			
The service I need is not available in my				7	3%			
I have family or friends to help me / socialize with.				67	24%			
I believe that the services are for those in need, and I am financially sound.				59	21%			
the services are too expensive for me.				8	3%			
I socialize at my church or other organizations.				57	21%			
I am independent and don't need any assistance right now.	143	49%		163	59%			

172 Respondents reported that they DO

46.a NOT use any of the services because "I am independent and don't need any assistance right now." By age group.

55 to 59				19	11%			
60 to 64				22	13%			
65 to 69				42	24%			
70 to 74				38	22%			
75 to 79				23	13%			
80 to 84				12	7%			
85 to 89				12	7%			
90 or older				3	2%			
No Answer				1	1%			

I believe that local services for older adults help make Monroe County a better place to live.

47

Strongly agree				265	66%		230	25%
Agree				95	24%		326	36%
Not Sure				34	9%		322	35%
Disagree				1	0.50%		23	3%
Strongly disagree				1	0.50%		9	1%

Do you think that senior centers, in particular, are important to the quality of

48

Strongly agree				277	70%		393	43%
Agree				91	23%		434	47%
Not Sure				28	7%		81	9%
Disagree				2	1%		6	1%
Strongly disagree				0	0		5	1%

What would be the best way to inform older adults about local programs and services? (Check your TOP THREE.)

49

Newspaper				99	26%		367	38%
Mailed flyer or brochure				291	76%		729	76%
Radio				42	11%			
Social Media (Like FACEBOOK)				169	44%		114	12%
TV Advertising				83	22%		191	20%
Participate at art fairs				28	7%			
Church bulletins				136	36%		204	21%
Township newsletters				174	45%		44	5%
Bus Ads				33	9%			
Bench Advertising				13	3%		61	6%
Pass our SeniorSource				36	9%			
Other (Specify).				21	5%			

Do you need other services that are currently not available?

50

Yes (please list)				41	11%			
No				316	89%			

Do you plan on moving from your current home in the next few years?

51

Absolutely				16	4%		522	57%
Possibly				94	25%			
Only if health dictates				144	38%			
Never / No				127	33%		393	43%

Do you plan on moving from your current home in the next few years? Responses from 348 people who also selected "I live in my own home."

51.a

Absolutely				11	3%			
Possibly				74	21%			
Only if health dictates				124	36%			

Never				110	32%			
No Answer				29	8%			

52

Why would you consider moving? (Check all that apply,)

To move closer to children				51	18%		82	9%
To be on one floor (ranch style) with bedrooms and laundry on main floor				89	32%		90	10%
To eliminate outside maintenance, including lawn mowing and snow removal.				125	45%		150	16%
To move in to assisted living so that I have help with daily living tasks.				35	13%		233	25%
To be closer to town -- bus route, groceries, etc.				16	6%		48	5%
To downsize -- I want less space to take care of				92	33%		140	15%
To move to a 55+ community where I have more opportunities to socialize.				52	19%			0%
To get of Michigan to a warmer climate.				42	15%		145	16%
Other:				35	13%		44	5%

What is your biggest fear about getting older? (Highest rankings per item.) 367

53

respondents

Finances - not being able to pay my bills				114	31%			
Losing my ability to walk				85	23%			
Loneliness -- it seems all my friends and family are gone.				132	36%			
Getting Alzheimer's				70	19%			
Losing my spouse				85	23%			
Not being able to take care of my house				109	30%			
Not being able to drive.				120	33%			
Nothing. I'm not afraid to get older.				244	66%			
Other:				19	5%			

What prevention measures are you doing now to improve your life? (Check all that apply.)

54

Eating healthy foods				286	74%			
Exercise 3 to 5 times a week				223	57%			
Meditating				55	14%			
Regular health check-ups				312	80%			
Do not smoke				329	85%			
Do not drink alcohol				219	56%			
Seek out social opportunities				162	42%			
Do puzzles for my brain				223	57%			
Read				254	65%			
Pray				232	60%			
Other:				49	13%			

55 **What surprises you about getting older?**

My brain still thinks I'm 30 and can do things like lean out the gutters, climb ladders, etc. But my body says, "Nope."

I'm a widow with no relatives in state. Your friends all have families, are busy, and don't include you.

Gaining weight; harder to do things, the rise of cost of living for groceries, insurance, doctor visits.

That I still feel "young" in my mind. How exciting it is to be at a point in life where I'm almost ready to retire and do what I want, when I want, for as long as I want, at the pace I want. I'm looking at the next 40 years as an adventure. How much I'm looking forward to being a grandparent."

How fast it comes!